

Meeting Minutes
September 13, 2018

Attendance: Jacqueline Arsenuk, UCDS • Lynda Brady, MiSN • Megan Conroy, Ulster Prevention Council • Maria Cecilia Deferrari, CCEUC RAPP • Rose Dittus, UCDOH • Sophia Ender, Ulster County Safe Harbor Program • Marge Gagnon, Rose Women's Care Center • Melinda Herzog, CCEUC • Carrie Jones Ross, Feed HV/ Hudson Valley Agri Business Development Cooperation • Stacy Kraft, UCDOH • Vincent Martello, UCDOH • Shanna Nigro, Ellenville Regional Hospital • Sendy O'Brien, MiSN • Ilona Ross, Community Member • Katie Sheehan-Lopez, CCEUC • Patrick McDonough, UCOFA • Kathleen Nolan, UC Legislature • Donna Greenfield, UC Legislature • Caitlin Sheehan, CCEUC

Introductions (*Melinda*)

Childhood Lead Prevention Presentation-Rose Dittus, RN Ulster County Department Health

- Donna-Environmental
 - Lead paint was banned in 1978 and once it deteriorates it becomes poisonous
 - Donna can go outside the Ulster County where the focus is the City of Kingston and the dollar store are higher in lead and get in under the radar.
 - XF Analyzer is how lead paint is detected.
 - Lead paint has an alligator pattern when it peels.
 - Lead gets in the body through ingestion or inhalation
 - Free and reduced cost EPA Lead Renovator Training for residents in Kingston or if a child has a level of 5 or higher.
 - How to get the dollar store toys put on the lead survey at the doctor when they.
 - Ewg.org is a website where items are listed if lead has been found
 - Letting water run for two minutes and not on hot water because hot water leaches to lead
 - Lead activist Tamara Rubin she is a great resource about information
- Rose-Medical
 - Target is to visit new moms and babies
 - Flyers are brought to new moms
 - Study was done 36 children ages 1-6 how often children put their hands to mouth, hands to surface,
 - There are effects on the children suggested learning disabilities, lowered IQ, hyperactivity, attention deficit disorder, speech delay, hearing loss, slow or reduced growth, violent or aggressive behavior
 - Children absorb 3.5 times more lead than an adult
 - Lead can be passed on through breast milk
 - Health care providers must test every child for lead at ages 1 and 2, but children ages 1-6 should be tested
 - There is no safe blood level

Exercise Break-It's a Stretch

Carrie Jones-Ross "Feed HV Hudson Network"

- Food Insecurity vs Food Security

- Over four in ten students in Orange and Ulster Counties, and a third in Dutchess qualify for free or reduced lunch
- Food Rescue
- Community Food Network covers Sullivan, Dutchess, Putnam, Ulster, Columbia, Greene, Orange
- Donations-prepared foods, canned goods, dry goods, farm fresh,
- Gleaning-Farmers have the ability to create a harvesting event on their farms through Feed HV to recruit gleaning volunteers.
- 55% of strawberries make it to market each year
- 77% of potatoes make it market each year
- 62% of lettuce makes it to market each year
- 68% market is making it to market each year
- Bill Emerson Good Samaritan Food Donation Act
- Sign up through www.feedhv.org

Council Discussion

- Upcoming events include flyers, network
- **Kathy Nolan**-9/15/2018 Zero Emission Parade in New Paltz and Vote on Bring Your Own Bag Law 9/20/18 at 7PM and vote to set a public hearing for laws or if you want a straw
- **Jackie Arsenuk**-Human Trafficking-The Roll of an EMS Provider 9/27/18 at Wallkill Fire Department
- **Melinda Herzog**-Event for climate resiliency in Kingston 10/19/18 High Water Festival
- **Stacy Kraft DOH**-New Freedom from smoking Monday's at 3pm at the Mental Health Association of UC- call to register. Attending Lions Club Fall Festival in Accord 9/22/2018 focusing on diabetes prevention.
- **Iona Ross**-Partner with food and health organizations combine self-monitoring for glucose
- **Shanna Nigro**-Ellenville Regional Hospital-Just started new role this week and will bring list of upcoming events to new meeting
- **Katie Sheehan-Lopez**-SNAP Eat Well Kingston meeting 10/3/18 at CCEUC
- **Carrie Jones Ross**- Flyers for recruiting volunteers
- **Megan Conroy**-9/19/2018 Boys and Girls Barbecue at the Boys and Girls Club
- **Sophia Ender**- Offering free youth workshops-art reach program and creative writing-contact information is on the website.
- **Vincent Martello**-Reminder that the age to purchase tobacco products and vaping products goes up to 21 in Ulster County as of January 1, 2019.
- **Sendy O'Brien** -helping family enroll in the school district
- **Lynda Brady**-Open Enrollment for Marketplace expanding to the Olive Library and the information is on the website.
- **Marge Gagnon**-Jewish Family Services-The Hidden Epidemic Seniors Addiction-Organize chapter in the Ellenville area tomorrow at 10am in the library-great source for seniors is the Ulster County Office for the Aging newsletter-Katie Cook has coordinated a viewing called "Resilience: The Biology Of Stress And The Science Of Hope" of the film which was viewed at the Wawarsing Council of Agencies meeting on September 11, 2018. Within the film are addressed the ACE (Adverse Childhood Experiences Study), trauma-informed care and the concept of resilience.
<https://kpfjfilms.co/resilience/>

- **Maria Cecilia Deferarri**-RAPP Program and monthly dinner with youth component and adults have time to be with other grown-ups. 4H program, support, community garden with family court offering Sobering parenting journey 14 week program for parents who are looking to become better parents and this program can be court mandated and voluntary
- **Patrick McDonough**-He is filling in for Chris Noble. The Office of the Aging has a Tai Chi classes which is an evidence based program 8 week course twice a week survey of the participants anyone 60 and over calls can get right in Tai Chi classes-every Tuesday they do a mall walk
- Next meeting is 11/8/2018