

Healthy Ulster Council Meeting
Meeting Minutes
March 14, 2019
2:00-4:00PM

Attendance: Lynda Brady-MiSN; Christine Brady-Lavalle-Ulster County Habitat for Humanity; Susanne Callahan-IFH; Christine Carranceja-Institute for Family Health; Maria Cecilia Deferrari-CCEUC RAPP; Emily Flynn-Health and Wellness City of Kingston; Marge Gagnon-Rose Women's Care Services; Shannon Hester-Jenkins-Central Hudson; Greg Howard-Ulster County Community Action; Jacqueline Kellachan-MiSN; Douglas Keller-IFH; Stacey Kraft-UCDOH; Susan Lennon-American Lung Association; Zoe Mahan-Mental Health Association; Vincent Martello-UCDOH; Christine Noble-UC Office for the Aging; Liz Pickett-WMC Advanced OBGYN Associates; Jay Quest-RUPCO; Lesly Retamozo-Cornerstone Family Practice; Barbara Smith-Foy-WMC; Caitlin Sheehan-CCEUC; Heather Casucci-IFH; Jaime Mathew-Healthlink; Brandon Bogert-UCDOH; Mark Josefska-IFH; Lavonne Freeman-IFH

Introductions: Melinda Herzog went over the Agenda, and shared that the format of the meeting for the meeting would be different, as the UCDOH would be utilizing the meeting to implement a focus group for the Community Health Improvement Plan.

Overview of the CHIP/CHA Process: Stacy Kraft and Brandon Bogert introduced the CHIP Focus Group process, explaining the need to include human services providers in the discussion to represent and share the needs of their clients in accessing services. The data already collected from residents through landline and cellphone surveys were primarily answered from people over 50 years of age, and did not represent a wide enough group of people. Staff from Health Link were introduced, as they would be assisting with the data collection process.

The CHIP addresses the NYS Prevention Agenda. Links to the current CHIP can be found at the Ulster County Department of Health website, and on the NYSDOH Prevention Agenda Dashboard.

Community Input/CHIP Healthy Ulster Council Focus Group: Stacy and Brandon facilitated the Focus Group dialogue, which identified barriers experienced by clients of the providers to accessing services. Transportation emerged as a predominant issue of importance. Participants shared the following:

- Office of the Aging provides one free shopping trip and two free medical trips but arrangements must often be made 1 week in advance, thus medical appointments for the same day are often not accommodated
- Medicaid transportation through MAS-Medicaid patients are not being treated appropriately
- Volunteer programs like neighbor to neighbor can help with transportation
- Community Health Worker- Can assist with transportation problems

- There is a lack of transportation for preventive health activities
- MHA transports to medical groups, project groups, prevention and support groups and also provides free bus tokens on a case by case basis
- Designated Medicaid cab, but people are waiting hours for a ride, but A to B Medicaid cabs are the best

At the close of the transportation discussion, Vincent Martello shared that he will arrange a meeting with UCAT to discuss some of the transportation issues for Medicaid people to convey barriers. The remaining discussion focused on improving communication, outreach and referral services for health related services and programs. The participants shared the following:

- Institute of Family Health will be opening a new facility on Pine Street where there will be resource coordination, so that clients could be directed to the right resources
- Integrate Ulster-meetings last Monday of the month- will help organizations network and provide better services for clients
- It was suggested that Ulster County develop a more user friendly website to link to resources with the Department of Health, and/or include on healthyulstercounty.org
- MHA wellnessrecovery.org list resources in the community
- Bringing Agencies together helps organizations learn about other agencies programs, and where to refer clients
- Central Hudson-Conducts outreach and has a program for customers on life support equipment in the event of power outages and refers customers who cannot pay their bills to agencies for support.

Movement Break

Council Members participated in a 10 minute outdoor walk.

Networking and Sharing:

- Jaime Mathew; Healthlink: Link-group with regional project and support group
- Christine Brady-Lavelle; Ulster County Habitat for Humanity: shared recent program accomplishments
- Jay Quest; RUPCO: Shared Program Services
- Maria Cecelia Deferrari; CCEUC- RAPP; Monthly Support Group for kinship families
- Lynda Brady and Jacqueline Kellachan; MiSN: Contact Lynda for information regarding the marketplace
- Emily Flynn; Health and Wellness City of Kingston: Women's Bicycle Festival 3.31.2019
- Marge Gagnon; Rose Women's Care Services: doing a county wide conference in the Fall and nursing summit 4/12 at the Wallace center focusing on ACES and geared towards nurses
- Doug Keller; IFH -Healthy Families: April is child abuse prevention month and a pinwheel garden set up to honor it, contact him if you want pinwheels to display
- Greg Howard; Ulster County Community Action: Recently expanded into Sullivan County in Monticello and Liberty, is cleaning up fire escapes and redoing building
- Christine Noble; UC Office for the Aging: Offering Mall Walks and more Tai Chi for the senior's Lunch and Learns

- Vincent Martello; UCDOH: Data and statistics interacting with mental health colleagues and Opioid Prevention Task Force, new program integrated in jail, 365 drug and prevention messaging on UCAT with Timely Signs donating signs
- Susan Lennon; American Lung Association: Funded by the NYSDOH and Mental Health Safety Ulster
- Mark Josefska; IFH: Largest provider for family health Services-Dental Health Services integrate in the community, also Medical Director for the O+ Festival, invited participation in the O+ Health Fair as a volunteer or lead a work shop, and see the opositive.org website.
- Zoe Mahan; Mental Health Association: Wellness program-support groups-wellnessrecovery.org-partnering with the Office for the Aging on a Caregivers Course and is also offering an Eating Disorder workshop Friday 5.10.19.
- Stacey Kraft; UCDOH: shared opportunity for Dr. Bach Training and Wednesday 3.20.19 Vaping Webinar
- Melinda Herzog; CCEUC – EFNEP: Shared opportunity for 6-8 week nutrition program for low –income families raising children for clients of agencies at location and day/time convenient for them

Next Meeting will be 5.9.2019