

# Cancer Prevention at The Institute for Family Health

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# The Institute for Family Health



- One of the largest Federally Qualified Health Centers in New York State with 31 health centers located in the mid-Hudson valley and NYC
- Mission driven and committed to high quality, affordable healthcare to all patients regardless of their ability to pay
- Offers primary care, mental health, dental care, care management, and other community based social services to medically underserved communities
- Seeks to address barriers to health equity to eliminate racial and ethnic disparities in health outcomes

# Cancer Screenings Review

- Breast Cancer
  - Mammogram
- Cervical Cancer
  - Pap Smear
- Colorectal Cancer
  - Stool-based testing: FIT, FIT-DNA
  - Colonoscopy

# Breast Cancer

- Screening Test = Mammogram
- Starting at age 50, screen every 2 years

# Cervical Cancer

- Pap Smear
- Age 21-65, screen every 3 years

# Colorectal Cancer

- Screening Test = FIT, FIT-DNA, or Colonoscopy
  - FIT: every 1 year
  - FIT-DNA: every 1-3 years
  - Colonoscopy: every 10 years

# Cancer Navigation

- Shawn Campbell, Cancer Navigator
- Funded by NYS Department of Health
- Identifying high risk patients
  - Psychosocial
  - Demographic factors
- Navigator Interventions
  - Health Belief Model
  - Factors Affecting Behavior Change
  - Assessing Readiness
- Care Coordination
  - Internal
  - External

# Cancer Navigation during a Pandemic

- Telehealth
- Adapting to lack of in-person contact
- Successes & Challenges



# Options for the Uninsured

- CSP = Cancer Services Program
- CSP of Hudson Valley serves Dutchess, Putnam, Rockland, Sullivan, Ulster, and Westchester counties
- Provides breast, cervical, and colorectal cancer screening, diagnostic, and case management services for uninsured and underinsured
- Eligibility
  - Uninsured or Underinsured
  - Woman aged 40 or older; Man aged 50 or older
  - Live in one of the counties served
- Services for Women
  - Clinical Breast Exams, Mammograms, Pelvic Exams, Pap tests and HPV tests
- Services for Women & Men
  - Free FIT Kits
- Follow-up diagnostic testing is paid for by CSP
- If diagnosed, CSP staff assist with applying for Medicaid Cancer Treatment Program (if US citizen) or emergency Medicaid (if undocumented)
- Case Managers trained in assessing eligibility
- FIRST priority is getting patient insured

# Insurance Enrollment at IFH

- Our goal is to enroll those who are eligible
  - Special enrollment period for uninsured New Yorkers extended to 12/31/20
  - Apply for children and adults under age 65 through NYSOH Marketplace ([nystateofhealth.ny.gov](http://nystateofhealth.ny.gov))
- For free help with insurance enrollment, call IFH's hotline at 845-633-5500
  - You will be given a telephone or video appt with staff who will check your eligibility and help you apply for insurance
- If ineligible for Insurance, you will be assessed for sliding scale, prescription assistance

Questions?

Thank you!