



KEY: (SS): Scientifically Supported (SE): Some Evidence (EO): Expert Opinion (IE): Insufficient Evidence

(ME): Mixed Evidence: (EOI): Evidence of Ineffectiveness (UCS): Ulster County Strategy

NOTE THE FOLLOWING COLOR KEY FOR THE DATA SHARED UNDER "CURRENT ULSTER COUNTY ACTIVITIES" IN THE BELOW TABLE:

• BLACK FONT COLOR: Common Knowledge

• BLUE FONT COLOR: Added from 2020 Inventory using the Inventory Assessment tool

GREEN FONT COLOR: Added in 2021 using the Inventory Assessment Tool

What Works For Health	What I	Norks for Health	Current Ulster County Activities
Area	Policie	s and Programs	
		Access to medication assisted treatment for opioid use disorder (EO)	See www.ulsterhelps.org
Alcohol and Drug Use	A1	Administrative license suspension/revocation laws (SS)	New York State
	A2	Alcohol access restrictions in public places (EO)	Open Container Laws
	A3	Alcohol advertising restrictions (SE)	
	A4	Alcohol brief interventions	Ellenville Rural Health Network, Cornerstone Family Healthcare, Mental Health Association of Ulster County, Institute for Family Health
	A5	Alcohol days of sale restrictions (SE)	
	A6	Alcohol outlet density restrictions (SE)	
	A7	Alcohol taxes (SS)	
		Behavioral Interventions to prevent and reduce Substance Abuse (UCS)	Family of Woodstock, Catholic Charities, Ulster Prevention Council, Stop DWI
	A8	Blood alcohol concentration laws (SS)	New York State
	A9	Breath testing checkpoints (SS)	Town and County Law Enforcement, Ulster County Sheriff
	A10	Campus alcohol bans (IE)	





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Case management and referrals for individuals with substance use disorders Clinical treatment and counseling for gambling addition All Designated driver promotion programs (IE) All Dram shop liability laws (SS) All Drink special restrictions (SE) All Drug courts (SS) All Drug courts (SS) Clinical treatment and counseling for gambling MidHudson Problem Gambling Resource Center Ellenville Rural Health Network Flower County Sheriff Vouth Build, Ulster County Ulster County Sheriff	9
Clinical treatment and counseling for gambling addition A11 Designated driver promotion programs (IE) A12 Dram shop liability laws (SS) A13 Drink special restrictions (SE) A14 Drug courts (SS) Clinical treatment and counseling for gambling MidHudson Problem Gambling Resource Center Ellenville Rural Health Network Ellenville Rural Health Network Youth Build, Ulster County	e
addition Center A11 Designated driver promotion programs (IE) Ellenville Rural Health Network A12 Dram shop liability laws (SS) A13 Drink special restrictions (SE) A14 Drug courts (SS) Youth Build, Ulster County	e
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A12 Dram shop liability laws (SS) A13 Drink special restrictions (SE) A14 Drug courts (SS) Youth Build, Ulster County	
A13 Drink special restrictions (SE) A14 Drug courts (SS) Youth Build, Ulster County	
A14 Drug courts (SS) Youth Build, Ulster County	
A15 Enhanced enforcement of laws prohibiting alcohol Ulster County Sheriff	
sales to minors (SS)	
A16 Family treatment drug courts (SS) Ulster County Family Court	
A17 Good Samaritan drug overdose laws (EO) New York State	
A18 Ignition interlock devices (SS) New York State	
A19 Key registration laws (IE) New York State	
A20 Mass media campaigns against alcohol-impaired Ellenville Rural Health Network	
driving (SS)	
A21 Mass media campaigns against underage drinking (EO) Stop DWI	
A22 Medical marijuana legalization (ME) New York State	
A23 <u>Medication-assisted treatment access enhancement</u> Ellenville Rural Health Network Corners	tone
<u>initiatives</u> Family Healthcare, Ulster County Depar	tment
of Mental Health, Ulster County Sheriff	
Institute for Family Health	
A24 Mentoring programs: delinquency (SS)	
A25 Minimum drinking age laws (SS)	
A26 Multi-component community interventions against Town and County Law Enforcement,	
alcohol-impaired driving (SS) Cornerstone Family Healthcare, Ulster	County
Sheriff	





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A	A27	Naxalone education and distribution programs (SE)	NYS OCFS, UC Department of Health, Ellenville
		, ,	Rural Health Network, Cornerstone Family
			Healthcare, Ulster County Sheriff, Family of
			Woodstock, Institute for Family Health
		Policy to dispense fentanyl test strips	Institute for Family Health
<u> </u>	A28	Prescription drug monitoring programs (PDMPs)(SE)	New York State, Ellenville Regional Hospital
			MAX project, Ellenville Rural Health Network,
			Institute for Family Health
A	A29	Proper drug disposal programs (EO)	New York State Drug Take Back, Ellenville Rural
			Health Network, Ulster County Sheriff,
			Institute for Family Health
		Raise awareness of gambling addiction	MidHudson Problem Gambling Resource
			Center
A	A30	Recreational marijuana legalization	New York State
A	A31	Responsible beverage server training (RBS/RBST) (SE)	
A	A32	Retail alcohol sale privitization (EOI)	
A	A33	Sales to intoxicated persons (SIP) law enforcement (IE)	
		Screening Brief Intervention and Referral to Treatment	Ulster County Department of Mental Health
		professional development	
<u> </u>	A36	Seller & server minimum age (IE)	NYS Law
<u> </u>	A37	Social host laws (EO)	NYS Law, Ulster County Sheriff
		Street Outreach and Referrals (UCS)	Hudson Valley Community Services
Α .	A37.1	Social norms campaigns on alcohol misuse among	
		college students	
	A37.2	Syringe services program (UCS)	Hudson Valley Community Services
A	A38	Universal school-based programs: alcohol misuse &	NYS Learning Standards for Health Education,
		impaired driving (SE)	Ulster County Department of Mental Health,
<u> </u>			Family of Woodstock





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What Works For Health Area		Norks for Health s and Programs	Current Ulster County Activities
	B1	Active Recess	Community Action Head Start
Diet & Exercise	B2	Activity programs for older adults (SS)	Office for Aging RSVP (Stretch band Class), Kingston Parks and Recreation, Town of Ulster Senior Center, Pine Hill Community Center, Woodland Pond (New Paltz), Vineyard Commons (Highland), Marbletown Community Center Stretch Band, Rosendale Community Center, New Paltz Senior Center, Walkill Community Center, Golden Sneaker Program at Gyms, Saugerties Senior Center, Senior Mall Walk, YMCA, Ellenville Rural Health Network, Mental Health Association of Ulster County, UC Office for the Aging
		Advocacy for boarding home residents to access SNAP benefits	Kingston Emergency Food Collaborative
		pelients	
	В3	Bike and Ped Master Plan (SE)	City of Kingston (Connecting Kingston); Ulster County Transportation Council, Marlborough & Lloyd (9W Corridor Management Plan); Marge Gagnon, City of Kingston





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B4 Rose Women's Care Service Community **Breastfeeding promotion programs (SS)** Resource Center (Breastfeeding Coalition); Ulster County WIC; MISN, Ulster County Healthy Families; NAPSACC (component), HAHV Maternity Unit Breastfriendly, IFH Centering Pregnancy Program, Lactation Consortium, Doula and Midwife Services, La Leche League, Lactation Consultants, Community Action, Institute for Family Health, WIC **Community Coalitions/Focus Groups to Improve** Live Well Kingston-Eat Well Kingston, Family of **Healthy Food Access (UCS)** Woodstock – Hudson Valley Food Collaborative, Kingston Land Trust -Comida y Tierra, Hudson Valley Farm Hub, FeedHV **B5** Child-focused advertising restrictions for unhealthy foods & beverages (SE) City of Kingston City Commission with Focus Teams around food, gardening, and physical activity **B6** College-based obesity prevention interventions (IE)

B7

Community Fitness Programs (SS)

Rose Women's Care Service Community

Resource Center (Coordinate Tai Chi classes for Office of the Aging); YMCA, City of Kingston





		Parks & Rec, Town Hurley, Marbletown, Rosendale, Saugerties, Rec Centers, Ulster County Pool, High Falls Hoopers, Center for Creative Ed (Let's Move), Ellenville Rural Health Network, Marge Gagnon, Mental Health Association of Ulster County, City of Kingston, UC Office for the Aging
B8	Community gardens (SE)	Shandaken Community Garden (Phoenicia Elementary School), Cornell Cooperative Extension of Ulster Couty (Master Gardeners), GW Elementary School, Rondout Community Gardens (Kingston), YMCA of Kingston Community Garden, Governor Clinton Community Garden (Kingston), Woodstock Community Garden (Woodstock), Gardens for Nutrition (New Paltz), Aiyana Community Garden(Ellenville), Caring Hands Community Garden (Kingston), Feed the Nations Community Garden (Kingston), Shawangunk Community Garden, Kingston, New Paltz and Saugerties Garden Clubs, SUNY Ulster Xeriscape Garden (Master Gardeners), City of Kingston
B9	Community Kitchens for food processing (EO)	Ulster County Community Action (Lindsley Ave. Kitchen), Rondout Community Center, City of Kingston, Community Action





B1	Community kitchens/ nutrition education (IE)	Hudson Valley Community Services Cornell Cooperative Extension Ulster County, Rondout Community Center, Ulster County
		Community Action, Cornell Cooperative
		Extension of Ulster County, Mental Health Association of Ulster County, UC Office for the
		Aging, Community Action
B1	Community Supported Agriculture – CSA's (EO)	Evolutionary Organics, New Paltz; Phillies
	Community Supported Agriculture – CSA's (EO)	Bridge Farm Project, New Paltz; Rondout Valley
		Organics, Ellenville; Second Wind CSA at Four
		Winds Farm, Gardiner; Taliaferro Farms, New
		Paltz; Trapani Farms, Milton, Institute for Family Health
B1	2	Ellenville Rural Health Network, Community
	Community Weight Loss Challenges (EO)	Action
B1	3	Senior Mall Walk, Bike Friendly Kingston Slow
	Community Based social support for Physical Activity	Rides, Overlook Mountain Bikes, Fats in the
	(SS)	Cats Bike Club, Mid-Hudson Bicycle Club,
		Hudson Valley Hikers, Catskill 3500 Club,
		Ellenville Rural Health Network, UC Office for
	_	the Aging
B1	4 Community Wide Physical Activity Campaigns (SE)	Center for Creative Education (Let's Move),
	, , , , , , , , , , , , , , , , , , , ,	Bike Friendly Kingston-Slow Rides, Cornell
—	Community Coalitions/Easys Groups to Increase	Cooperative Extension of Ulster County
	Community Coalitions/Focus Groups to Increase	Ellenville Healthy Heart Program, Senior Mall
	Access to Physical Activity (UCS)	Walk, Bike Friendly Kingston Slow Rides, Overlook Mountain Bikes, Fats in the Cats Bike
		Overlook iviountain bikes, rats in the Cats bike





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		Club, Mid-Hudson Bicycle Club, Hudson Valley
		Hikers, Catskill 3500 Club
В	Competitive pricing for healthy foods (SS)	FMNP and WIC Checks
В	16 Complete Streets & Streetscapes Design Initiatives (SS)	Live Well Kingston Travel Well Focus Team;
		City of Kingston On the Move, Wawarsing-
		Ellenville Complete Streets Advisory Council;
		Saugerties Transportation Advisory Council;
		Ulster County Transportation Council; Ulster
		County DPW (speed feedback signage near
		schools, road diets) Kingston Land Trust
		Greenline, City of Kingston
	Eating Disorder Coalition of Ulster County	Mental Health Association of Ulster County
В	17 Electronic Benefit Transfer payment at Famers'	Heart of the Hudson Valley Farmers Market,
	Markets (EO)	Kingston Farmer's Market, New Paltz Farmer's
		Market, Rosendale Farmer's Market,
		Saugerties Farmer's Market, Woodstock
		Farmer's Market, YMCA Mobile Market
В	18 Exercise Prescriptions (SS)	
В	19 Extracurricular activities for physical activity (SE)	YMCA (Bike Education, Sports & Recreation,
		Swim Lessons), City of Kingston Parks & Rec,
		AYSO Soccer, Little League, Basketball, Girls on
		the Run
В	20 Family-based physical activity interventions (SE)	Ellenville Rural Health Network, Cornell
		Cooperative Extension of Ulster County, WIC
В	21 Farm to school programs (SE)	Rondout Valley School District, Rondout Valley
		Growers Association, Saugerties Jr. Sr. High
		School/BOCES, Ellenville Rural Health Network,





		Cornell Cooperative Extension of Ulster County, Kingston City School District, Hudson Valley Farm Hub
B22	Farmers' markets/stands (SE)	Ellenville Farmers Market, Heart of the Hudson Valley Farmers Market, Kingston Farmers' Market, New Paltz Farmers' Market, Rosendale Farmer's Market, Saugerties Farmers' Market, Woodstock Farm Festival Market, People's Place Farm Stand, YMCA Mobile Farm Market
B23	Financial Rewards for Employee Healthy Behavior(SE)	HAHV, Ellenville Rural Health Network
B24	Food Buying Clubs and Co-ops (EO)	Kingston Natural Foods Buying Co-Op, Kingston Food Coop
	Food (meals and groceries) delivered to community members	Kingston Emergency Food Collaborative
B25	Food Hubs	Hudson Valley Harvest,
	Food Pantries (UCS)	See list of Ulster County Food Pantries at UlsterCorps: http://www.ulstercorps.org/agencies/food-pantries/
	Food safety inspections and permitting	Ulster County Department of Health
	Fresh Produce Donation to Food Pantries (UCS)	Shandaken Community Gardens, Food Bank of the Hudson Valley, UlsterCorps, Rondout Valley Growers Association, Family of Woodstock, Phillies' Bridge Farm, Bruderhoff, Hudson Valley AgriBusiness (FeedHV), Hudson Valley Farm Hub





B26	Fruit and Vegetable Gleaning Initiatives (EO)	Ulster County Community Action (Lindsley Ave.
		Kitchen), Rondout Valley Growers Association,
		Family of Woodstock, UlsterCorps
B27	Fruit & vegetable incentive programs	UC Office for the Aging
B28	Fruit and Vegetable Taste Testing (SE)	Kingston Farmers' Market, Mother Earth, Shandaken Community Gardens, Ellenville Rural Health Network, Cornell Cooperative
		Extension of Ulster County, Mental Health Association of Ulster County, UC Office for the Aging
B29	Green space and parks (SE)	Kingston Land Trust Greenline, City of Kingston Parks & Rec, YMCA, Central Hudson, City of Kingston
	Group Fitness Classes (UCS)	Woodstock (28 West Gym, Mountain View Studio, Shakti Yoga Studios, Euphoria Yoga, Complete Reality Tai Chi, Mad Max Yoga, Moving Body Pilates Studio, Heart Child Yoga, Woodstock Yoga Center); Phoenicia (Catskills Yoga House- Big Indian, Catskills Movement-Pilates); Saugerties (IXL Health and Fitness, Salt and Soul Yoga, iLoveKickboxing – Saugerties, Shakti Yoga Saugerties, Saugerties Hot Yoga); Kingston (Center for Creative Education, YMCA Kingston/Ulster, Girls on the Run, The Little Gym of Kingston, Fitness By Jules Personal Training & Wellness Coaching, Smartbells





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Class, MAC Fitness, Kingston Fitness, Fit Factory, The Fitness Connection, Further Fitness, The Yoga House, Stockade Muay Thai, Mudita Yoga Lab, Keith Bennett's Karate Academy, Mainly Pilates, Dance Xross Fitness, Chung Ma's Taekwondo, Studio 9 Kingston, Hudson Valley Pole Arts, Physique Pilates, Ulster Pilates, The Hot Spot, Signature Fitness, Maximum Results Fitness, Planet Fitness, Core Strength Fitness, LLC, Olivia Grimsland Yoga, Kingston Athletics, Innate Movement Parkour, Hudson Valley Circus Arts); Port Ewen (Essential Fitness, Apex Fitness); Lake Katrine (Zumba with Jenny, Dutcher Martial Arts); Ellenville (Moo Duk Kwan, Ellenville MDK Academy); Stone Ridge (The Ridge Gym); New Paltz (Huguenot Strength & Conditioning, Aikido of New Paltz, Juniper Pilates & Wellness, YogAlive, Ashtanga Yoga of New Paltz, Madhuri Yoga & Massage, Pilates of New Paltz, New Paltz Karate Academy, Physique New Paltz, Circuit of Change - New Paltz, NP Rock Yoga, Vitality Yoga Flow, Black Hole Jiu Jitsu New Paltz, Ignite Fitness, Sage Fitness of New Paltz); Kerhonkson (Pure Adrenaline Martial Arts, 30 Minutes of Everything); **Accord** (Iris Yoga); **Gardiner** (Gardiner Athletics); **Esopus** (Esopus Strength & Fitness)





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	Health Coaching (UCS)	Lei Isaacs (informal in Kingston), , Holly Shelowitz, Diane Mueller, Loriman Rhodell
	Healthy Eating Promotion (UCS)	Shandaken Community Gardens, Eat Well Focus Team of LWK, Health Insurance Companies (MVP, CDPHP), HealthAlliance Hospital Newsletters, UC Department of Health, People's Place, Institute for Family Health, Cornell Cooperative Extension
B30	Healthy Food in Convenience Stores (SE)	
B31	Healthy Food Initiatives in Food pantries (SE)	People's Place Summer Snack Bags, Ellenville Rural Health Network, Cornell Cooperative Extension of Ulster County, City of Kingston, Community Action
B32	Healthy foods at catered events	Ellenville Rural Health Network, Cornell Cooperative Extension of Ulster County, Mental Health Association of Ulster County, Community Action, Ulster County Departmen
B33	Healthy School Lunch Initiatives (SE)	Community Action Head Start
B34	Healthy vending machine options (SE)	County of Ulster Vending Machine Policy, Vending Machine policies for during school hours, City of Kingston, Institute for Family Health
	Home Meal Delivery (UCS)	Ulster County Office of the Aging, Gateway; Kingston Emergency Food Collaborative
B35	Homework or extra credit for PE class (SE)	





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		I
B36	Individually-adapted physical activity programs (SS)	Cornell Cooperative Extension of Ulster
		County-EFNEP, Ellenville Rural Health Network
B36.1	Land Banking	City of Kingston
	Mass media campaigns: healthy food & beverages	UC Department of Health, Cornell Cooperative
	(UCS)	Extension of Ulster County-SNAP-Ed
B37	Mass media campaigns: physical activity (IE)	UC Department of Health, Cornell Cooperative
		Extension of Ulster County
B38	Mixed-use Development (SS)	
B39	Mobile markets (EO)	YMCA Farm Project
	Mobile food Pantry	Community Action
B40	Multi-component obesity prevention interventions	Ulster County WIC, Ellenville Rural Health
	(SS)	Network, Cornell Cooperative Extension of
		Ulster County, City of Kingston
B41	Multi-component school-based obesity prevention	CCEUC (SNAP-Ed and EFNEP Nutrition
	interventions (SS)	Education Programs); School Health and
		Wellness Committees, Community Action
B42	Multi-component workplace supports for active	511NYRideshare, City of Kingston Bike Racks
D.42	commuting (SE)	
B43	New grocery stores in underserved areas (EO)	
	Nutrition Education; Community Awareness (UCS)	Cornell Cooperative Extension of Ulster County
B44	Nutrition and physical activity interventions in	Cornell Cooperative Extension of Ulster County
	preschool & childcare (SS)	EFNEP; Community Action Head Start
B45	Nutrition Prescriptions (EO)	Ellenville Healthy Hearts
B46	Online grocery stores (IE)	Hannaford; Walmart; Amazon; ShopRite;
B47	Open gym time (EO)	
B48	Open Streets (EO)	Children's Day Parade and other festivals;
		Ellenville Blueberry Festival; Saugerties





		Christmas Festival, Car Show; Woodstock
		Holiday Festival, High Falls Festivals; Rosendale
		Festivals
B49	Physically active classrooms (SS)	Community Action Head Start
B50	Places for Physical Activity (SS)	Kingston Land Trust (Greenline), Empire State
		Trail, Marbletown Park, City of Kingston
		Kingston Point, Catskill Mountainkeeper, Town
		of Saugerties Recreation, City of Kingston
		Linear Park,
		Lippman Park, Ulster County Trails Advisory
		Council, City of Kingston
B51	Point-of-decision prompts: physical activity (SS)	
B52	Point-of-purchase prompts: healthy food choices (SE)	ShopRite of Kingston, Hannaford
	Policy for modeling healthy eating behaviors in early	Community Action Head Start
	childhood education	
	Public health messaging around obesity prevention	Ulster County Department of Health
	and diabetes prevention	
B53	Recreational Sports Leagues for Adults (EO)	Municipal Parks and Recreation Departments
B54	Restaurant Nutrition Labeling (SE)	UC Department of Health (Chain Restaurants),
		New York State
B55	Safe Routes to Schools (SRTS) (SS)	Ulster Co. Transportation Council Study; Ulster
		County SRTS Action Plans in the Town & Village
		of Saugerties (Jr & Sr High Schools), Town &
		Village of New Paltz (Duzine Elem. &
		Middle)Town of Lloyd (Highland Elem. &
		Middle), Town of Shawagunk (Ostrander Elem),
		and Town of Marlborough (Elem. &





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		Middle) Kingston City Cobool District (Mall)
		Middle), Kingston City School District (Walk,
		Bike, Roll Day), City of Kingston On the Move,
		City of Kingston
B56	School Breakfast Programs (SS)	All public school districts, Community Action
B57	School Food & Beverage Restrictions (SE)	
B58	School fruit & vegetable gardens (SS)	Shandaken Community Gardens, YWCA
		Childcare Center, Rondout Valley HS,
		Kingston School District, Highland Residential
		Center, Little Red Schoolhouse Gardening
		Program, Saugerties High School,
		Cahill Elementary School (Saugerties),
		Morse Elementary School (Saugerties),
		Mount Marion Elementary School (Saugerties)
B59	School Fundraiser Restrictions (EO)	Community Action Head Start
B60	School Nutrition Standards (SS)	USDA National School Lunch Program, Child
		and Adult Care Food Program at approved
		daycare centers, Community Action Head Start
B61	School-based nutrition education programs (SE)	NYS Learning Standards, Cornell Cooperative
		Extension of Ulster County, Community Action
B62	School based physical education (SS)	
B63	Screen time reduction for children (SS)	Community Action
	Shared medical visits: include primary care, certified	Institute for Family Health
	diabetes educator, nursing staff	
B65	Shared use agreements (SE)	Community Action
	Soup Kitchen (UCS)	Salvation Army
B66	Sugar sweetened beverages taxes (SE)	





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	Support Group: Mindful Eating	Mental Health Association of Ulster County
B67	Unhealthy snack taxes (SE)	Wientar realth / association of ofster county
B68	Urban agriculture (EO)	Cornell Cooperative Extension of Ulster
500	orban agriculture (EO)	County, YMCA Farm Project, Pine Street City
		Farm, Kingston Land Trust
		City of Kingston, City of Kingston
B69	Walking school buses (SS)	George Washington School to Hodge
503	Walking School Bases (55)	Afterschool Center, Edson Elementary
B70	Water availability & promotion interventions (SE)	Mental Health Association of Ulster County,
570	vater availability & promotion interventions (32)	Community Action, Institute for Family Health
B71	WIC and Senior Farmers' Market Nutrition Programs	Ulster County WIC, YMCA Mobile Farm Market
	(SE)	and Stand, Kingston Farmers Market,
	(02)	Rosendale Farmers Market, Saugerties Farmers
		Market (SNAP & FMNP), Woodstock Farmers
		Market (WIC only), WIC
B72	Workplace supports for breastfeeding	Community Action Head Start, Institute for
	and the state of t	Family Health
B73	Worksite obesity prevention interventions (SS)	HealthAlliance Hospital Fruit and Vegetable
		Initiative, Cornell Cooperative Extension of
		Ulster County Healthy Meeting Policy;
		Emergency One (Corporate Wellness Program),
		Ellenville Rural Health Network
B74	Zoning regulations for chickens and bees (EO)	
B75	Zoning regulation for fast food (EO)	
B76	Zoning regulations for land use policy (SS)	Municipal Comprehensive Plans , City of
		Kingston





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		Free produce distribution	Ellenville Rural Health Network, Community
		•	Action, Institute for Family Health
		Healthy restaurant initiative	Ellenville Rural Health Network
		Disaster Health and Mental Health Services	American Red Cross
		Blood drives	American Red Cross
What Works For Health	What V	Vorks for Health	Current Ulster County Activities
Area	Policies	and Programs	
Sexual Activity	C1	Behavioral interventions: HIV and other STIs (SS)	Planned Parenthood Mid-Hudson Valley; NYS Learning Standards for Health, Ellenville Rural Health Network, Arc MidHudson, Hudson Valley LGBTQ+ Community Center
	C2	Clinic based interventions for Human papillomavirus (HPV) vaccination (SE)	UCDOH Patient Services Immunization Program
	С3	Comprehensive clinic-based programs for pregnant and parenting teens (SS)	YWCA and Rose Women's Care Services, Planned Parenthood of the Mid-Hudson Valley
	C4	Comprehensive risk reduction sexual education (SS)	Planned Parenthood Mid-Hudson Valley, MISN, Hudson Valley Community Services, NYSDOH, Ellenville Rural Health Network, Arc MidHudson, Hudson Valley LGBTQ+ Community Center
	C5	Computer-based interventions: HIV and other STIs (SS)	,
	C6	Condom availability programs (SS)	Planned Parenthood Mid-Hudson Valley, UCDOH Clinic, Hudson Valley Community Services, Arc MidHudson, Hudson Valley LGBTQ+ Community Center, Ulster County Department of Health
	С7	N/A Duplicate	
	C8	Expedited partner therapy for treatable STIs (SS)	Ulster County Department of Health





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		Family Planning w/Adults (UCS)	Planned Parenthood Mid-Hudson Valley
		HIV, HEP C, and STD testing (UCS)	Hudson Valley Community Services, UCDOH
			Clinic, Planned Parenthood of the Mid -Hudson
			Valley
	C9	HIV/STI partner notification by providers (SS)	UCDOH Clinic, Hudson Valley Community
			Services, Planned Parenthood of the MHV
	C10	Holistic approaches to reduce risky sexual behavior among adolescents (IE)	Hudson Valley LGBTQ+ Community Center
	C11	Human papillomavirus (HPV) vaccine education (IE)	American Cancer Society, UCDOH Patient
			Services Immunization Program
	C12	Intensive case management for pregnant and parenting teens (SE)	
	C13	Long-acting reversible contraception access (SE)	Planned Parenthood of the MHV, OBGYNs, Arc MidHudson
	C14	Mass media campaigns to prevent pregnancy and STIs (SE)	NYSDOH
	C15	Media restrictions on sexual content (IE)	Ratings System, Parental Blocking
	C16	Multi-component interventions: pregnancy and STIs (SE)	Planned Parenthood, MISN
	C17	School or community- based abstinence only education (ME)	
	C18	School-based health clinics: reproductive health (SE)	
	C19	Social networking site interventions: risky sexual behavior (EO)	Planned Parenthood, UCDOH
	C20	Teen pregnancy prevention programs (SE)	Planned Parenthood Mid-Hudson Valley,
			YWCA, Ellenville Rural Health Network
What Works For Health	What V	Vorks for Health	Current Ulster County Activities
Area	Policies	s and Programs	





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Access to Care	D1	Allied dental professional scpr	
		of practice (SE)	
	D2	Centering Pregnancy (SS)	Rose Women's Care Service & YWCA B.I.R.T.H.
			Program, Healthquest
		Communicate health information and programs to	La Voz
		Spanish-speaking community	
		Community Acupuncture Clinic	Hudson Valley LGBTQ+ Community Center
		Community Education on Death and Dying	Circle of Friends for the Dying
	D3	Community Health Workers (SE)	MISN, Institute for Family Health, Always
			There, Ellenville Rural Health Network,
			Children's Health Home of Upstate NY,
			Cornerstone Family Healthcare, Arc
			MidHudson, Mental Health Association of
			Ulster County, Hudson Valley LGBTQ+
			Community Center, Resource Center for
			Accessible Living, Ulster County Department of
			Mental Health, Circle of Friends for the Dying,
			Access: Supports for Living, Institute for Family
			Health, People USA
	D4	Community water fluoridation (SS)	
		Counseling for families of children with elevated lead	Ulster County Department of Health
	D5	Federally qualified health centers (FQHCs) (SS)	Cornerstone Family Healthcare, Institute for
			Family Health
	D6	Financial incentives for new nursing faculty (EO)	
	D7	Grady Memorial Hospital Interpregnancy Care Program	
		(EO)	
	D8	Health insurance enrollment outreach & support (SE)	Ulster County Community Action (Health
			Insurance Enrollment and Outreach); Navigator





T		1
		Programs, MISN, Ellenville Rural Health
		Network, Children's Health Home of Upstate
		NY, Cornerstone Family Healthcare, Hudson
		Valley LGBTQ+ Community Center, Resource
		Center for Accessible Living, UC Office for the
		Aging, Fidelis Care, Institute for Family Health
D10	Health literacy interventions (SE)	Prostate Cancer 101, Breast and Prostate
		Cancer Education, Planned Parenthood Mid-
		Hudson Valley, American Lung Assoc. (HV
		Asthma Coalition), MISN, Rondout Valley
		Holistic Healthcare Community, Family of
		Woodstock, Always There, Mano a Mano,
		Cornerstone Family Healthcare, Arc
		MidHudson, MidHudson Problem Gambling
		Resource Center, Mental Health Association of
		Ulster County, Hudson Valley LGBTQ+
		Community Center, Resource Center for
		Accessible Living, Circle of Friends for the
		Dying, Fidelis Care, Access: Supports for Living,
		Institute for Family Health
	Health Screenings: Community Health/Mental Health	SUNY Ulster (Mental Health),
	(UCS)	Ulster County Office for the Aging; Ellenville
		Regional Hospital/IFH DSRIP, Children's Health
		Home of Upstate NY
D11	Healthy Births for Healthy Communities (UCS)	IFH Healthy Families Program
D12	Higher education financial incentives for health	Cornerstone Family Healthcare, Arc
	professionals serving underserved areas (SE)	MidHudson, Institute for Family Health





KEY: (SS): Scientifically Supported (SE): Some Evidence (EO): Expert Opinion

(ME): Mixed Evidence: (EOI): Evidence of Ineffectiveness (UCS): Ulster County Strategy

	Immunization Programs (UCS)	UCDOH Immunization Clinic; Emergency One; SUNY Ulster
D13	J-1 physician visa waivers (IE)	Institute for Family Health
D13	Long acting reversible contraception access LARC (SE)	OBGYN's, Planned Parenthood of the MHV,
D14	Long acting reversible contraception access LARC (SL)	Cornerstone Family Healthcare, Institute for Family Health
D15	Long-term care employee compensation (EO)	Resource Center for Accessible Living
D16	Magnolia Project (EO)	
D17	Medical homes (SS)	Children's Health Home of Upstate NY,
		Cornerstone Family Healthcare, Mental Health
		Association of Ulster County, Resource Center
		for Accessible Living, Access: Supports for
		Living, Institute for Family Health
D18	Mental health benefits legislation (SS)	Resource Center for Accessible Living
D19	Mentoring for new nurses (SE)	Area Health Education Center, Arc MidHudson,
		Institute for Family Health
D20	Mobile health for mental health	Mental Health Association of Ulster County,
		Ulster County Department of Mental Health,
		Access: Supports for Living
D21	Mobile reproductive health clinics (SE)	
D22	Nurse residency programs (SE)	Institute for Family Health
D23	Nurse friendly work environments (EO)	Cornerstone Family Healthcare, Arc
		MidHudson, Institute for Family Health
D24	Faith community nursing (EO)	
D25	Preconception education interventions (SE)	MISN, Text4Baby, OBGYN's, PPMHV,
		Cornerstone Family Healthcare, Institute for
		Family Health

(IE): Insufficient Evidence





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	Professional development on gambling addiction for	MidHudson Problem Gambling Resource
	healthcare providers	Center
D26	Reproductive life plans (EO)	Cornerstone Family Healthcare, Institute for
		Family Health
D27	Retail clinics (EO)	Emergency One
D28	Rural training in medical education (SS)	Ellenville Rural Health Network, Cornerstone Family Healthcare, Arc MidHudson, Institute for Family Health
D29	Rural transportation services	Cornerstone Family Healthcare, Arc MidHudson, Mental Health Association of Ulster County, Resource Center for Accessible Living, UC Office for the Aging, Access: Supports for Living
D30	School dental programs (SS)	
D31	School based health centers (SS)	
	Screening tools on gambling addiction for healthcare	MidHudson Problem Gambling Resource
	providers	Center
D32	Synthetic progesterone (17P) access (EO)	
	Tuberculosis clinics for testing and management	Ulster County Department of Health
D33	Telemedicine (SS)	CDPHP, Cornerstone Family Healthcare, Arc MidHudson, Institute for Family Health
D34	Telemental health services (SE)	Access Mobile Mental Health, Cornerstone Family Healthcare, Arc MidHudson, MidHudson Problem Gambling Resource Center, Mental Health Association of Ulster County, Hudson Valley LGBTQ+ Community Center, Access: Supports for Living, Institute for Family Health





	D35	Text message-based health interventions (SE) Transportation for Seniors - Informal (UCS)	Text4Baby, Cornerstone Family Healthcare, MidHudson Problem Gambling Resource Center, Mental Health Association of Ulster County, Hudson Valley LGBTQ+ Community Center Ulster County Office of the Aging, Unitarian
		Vaccination clinics	Universalist Congregation
What Works For Health	What	Works for Health	Ulster County Department of Health Current Ulster County Activities
Area		es and Programs	Carrent Olster County Activities
		Accountable Care Organization member	Institute for Family Health
Quality of Care	E1	Behavioral health primary care integration(SS)	Ellenville Regional Hospital referrals to Institute for Family Health; Institute for Family Health, Cornerstone Family Healthcare, Arc MidHudson, Ulster County Department of Mental Health, Access: Supports for Living, Institute for Family Health
	E2	Case-managed care for community-dwelling frail elders (SE)	RCAL; Always There; Hudson Valley Community Services; Ulster County Office for the Aging, Home Health Care Companion Agency, Cornerstone Family Healthcare, Arc MidHudson, Resource Center for Accessible Living
		Case-managed care for specific diseases (UCS)	Hudson Valley Community Services (HIV/AIDS), Prostate Cancer 101, Institute for Family Health
	E3	Chronic Disease Management Programs (SS)	HAHV Diabetes Education Center, Ellenville Regional Hospital Referrals to Family Practice





		Center; Rose Women's Care Service; American
		Lung Assoc. (HV Asthma Coalition); Rondout
		Valley Holistic Healthcare Community,
		Children's Health Home of Upstate NY, Arc
		MidHudson, Resource Center for Accessible
		Living, Institute for Family Health
E4	Chronic Disease Self-Management (CDSM) Programs	HAHV Diabetes Education Center, Ellenville
	(SS)	Regional Hospital Referrals to Family Practice
		Center, Rose Women's Care Service, Ulster
		County Office for Aging (CDSM and Diabetes)
		YMCA CDSM
		Hudson Valley Community Services
		Children's Health Home of Upstate NY, Arc
		MidHudson, Resource Center for Accessible
		Living
	Community Health Assessment Report (CHA)	Ulster County Department of Health
	Community Health Improvement Plan (CHIP_	Ulster County Department of Health
E5	Computerized clinical decision support systems (CDSS)	Caremount, Westchester Medical HAHV,
	(SS)	Cornerstone Family Healthcare, Premier
		Medical Group, Cornerstone Family
		Healthcare, Arc MidHudson, Institute for
		Family Health
E6	Computerized provider order entry (CPOE) (SS)	Caremount, Westchester Medical HAHV,
		Cornerstone Family Healthcare, Premier
		Medical Group, Cornerstone Family
		Healthcare, Arc MidHudson, Institute for
		Family Health





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E7	Consumer participation in health care governance (EO)	Westchester Medical HAHV, Ellenville Regional Hospital, Arc MidHudson, Institute for Family Health
E8	Consumer directed health plans (ME)	MVP, Institute for Family Health
E9	Cultural competence training for health care professionals (SS)	Cornerstone Family Healthcare, Arc MidHudson, Hudson Valley LGBTQ+ Community Center, Resource Center for Accessible Living, Ulster County Department of Mental Health, Institute for Family Health
E10	Culturally adapted health care (SS)	Children's Health Home of Upstate NY, Cornerstone Family Healthcare, Arc MidHudson, Institute for Family Health
E11	Electronic health information exchange (SE)	HealthlinkNY, Children's Health Home of Upstate NY, Cornerstone Family Healthcare, Arc MidHudson, Resource Center for Accessible Living, Institute for Family Health
E12	Green house homes (SE)	
E13	Health Literacy Interventions (SE)	RCAL, HAHV Diabetes Education Center, MISN, American Cancer Society, Ulster County Department of Health, Ulster County Office for the Aging, Ulster County Literacy Association, Children's Health Home of Upstate NY, Cornerstone Family Healthcare, Arc MidHudson, MidHudson Problem Gambling Resource Center, Hudson Valley LGBTQ+ Community Center, Resource Center for Accessible Living, Access: Supports for Living, Institute for Family Health





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E14	Hospital wristband color standardization (IE)	
E15	Integrated long-term care for community-dwelling frail elders(SE)	Always there, Jewish Family Services, Arc MidHudson, Resource Center for Accessible Living
E16	Medical homes (SS)	Health Home of Upstate NY, Cornerstone Family Healthcare, Resource Center for Accessible Living, Access: Supports for Living, Institute for Family Health
E17	Medical-legal partnerships	Arc MidHudson, Hudson Valley LGBTQ+ Community Center
E18	Multi-component fall prevention interventions among older adults (SS)	RCAL, Always There, Ulster County Office of Aging, Rose Women's Care Services, Arc MidHudson, Resource Center for Accessible Living
	Nursing Education Program with community service (UCS)	SUNY Ulster
E19	Nurse practitioner scope of practice (SS)	Arc MidHudson, Institute for Family Health
E20	Nurse-friendly work environments (EO)	Professional Nurses Association of Ulster County, NYS Nurse's Association – Ulster County Regional Chapter, Cornerstone Family Healthcare, Arc MidHudson, Institute for Family Health
E21	Patient financial incentives for preventive care (SS)	CDPHP, Cornerstone Family Healthcare
E22	Patient navigators (SS)	MISN, Planned Parenthood, IFH Health Home, Children's Health Home of Upstate NY, Cornerstone Family Healthcare, Resource Center for Accessible Living, Ulster County





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		Department of Mental Health, Institute for
		Family Health, People USA
E23	Patient safety checklists (SS)	Children's Health Home of Upstate NY,
	, , , ,	Cornerstone Family Healthcare, Arc
		MidHudson, Resource Center for Accessible
		Living
E24	Patient shared decision making (SS)	Children's Health Home of Upstate NY, Arc
		MidHudson, Resource Center for Accessible
		Living, Ulster County Department of Mental
		Health, Institute for Family Health
E25	Practice facilitation for primary care	Children's Health Home of Upstate NY,
	. ,	Cornerstone Family Healthcare, Arc
		MidHudson, Resource Center for Accessible
		Living
E26	Price transparency initiatives for patients (SE)	
E27	Professionally trained medical interpreters (SS)	Westchester Medical HAHV, Ellenville Regional
	, , , ,	Hospital, Cornerstone Family Healthcare,
		Institute for Family Health
	Public health surveillance	Ulster County Department of Health
E28	Public reporting of health care quality performance	Institute for Family Health
	(SE)	
E29	Public reporting of health care-associated infections	
	(EO)	
	Public reporting of vital statistics (cause of death)	Ulster County Department of Health
E30	Risk assessments & personalized approaches to fall	Ulster County Office of Aging, Always There,
	prevention among older adults (SS)	Cornerstone Family Healthcare, Arc
	- 1 · · · · · · · · · · · · · · · · · ·	





			MidHudson, Resource Center for Accessible Living, Institute for Family Health
	E31	State-level minimum nurse staffing requirements at nursing homes (EO)	Arc MidHudson
	E32	Tiered drug formulas (ME)	Health Insurance Companies and Drug Stores, Cornerstone Family Healthcare, Arc MidHudson, Institute for Family Health, Institute for Family Health
	E33	Trauma informed healthcare (EO)	Children's Health Home of Upstate NY, Ulster County Department of Mental Health, Institute for Family Health, People USA
	E34	Value based insurance design (SS)	
	E35	Value based purchasing (VBP) (SE)	
What Works For Health	What	Works for Health	Current Ulster County Activities
Area		s and Programs	
Social and Economic Factors: Community	F1	Advocacy for victims of intimate partner violence (SE)	Children's Health Home of Upstate NY, Ulster County Department of Mental Health, Family of Woodstock
Safety	F2	Alcohol outlet density restrictions	
	F3	Automated speed enforcement cameras	City of Kingston
	F4	Bicycle helmet laws (SS)	New York State
	F5	Bicycle paths, lanes & tracks (SE)	Bike-Friendly Kingston, Ulster County Trails Advisory Council, Catskill Mountainkeeper, Woodstock Land Conservancy, Village of Saugerties, Complete Streets Advisory Councils



(EO): Expert Opinion



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		in Ellenville, Saugerties, and Kingston, City of
		Kingston
F6	Big Brothers Big Sisters (BBBS) (SE)	CCEUC (4-H Mentoring Program)
F7	Car seat distribution & education programs (SS)	SUNY Ulster Institute for Health and Safety,
		Ulster County Sheriff, Family of Woodstock
F8	Car seat education & enforcement campaigns (SS)	
F9	Car seat incentive & education programs (SS)	Ulster County Sheriff
F10	Child bicycle helmet promotion programs (SS)	SUNY Ulster Institute for Health and Safety,
		Ulster County Sheriff
F11	Child firearm access prevention laws (SE)	New York State
F12	Cognitive-behavioral therapy (CBT): recidivism (SS)	Ulster County Department of Mental Health,
		Family of Woodstock
F13	Community policing (SS)	City of Kingston, Ulster County Sheriff
F14	Comprehensive firearm background checks (SE)	New York State
F15	Court mandated programs for male perpetrators of	Family of Woodstock, Ulster County Sheriff,
	intimate partner violence (ME)	Family of Woodstock
	CPR Training (UCS)	Rose Women's Care Service, American Heart
	3(1-1-)	Association; American Red Cross, Marge
		Gagnon
F16	Cure Violence Health Model (SE)	
F17	Drug courts (SS)	Ulster County Department of Mental Health
F18	Early childhood home visiting programs (SS)	Ulster County Community Action (Head Start
	, 31 3 (**)	and Early Head Start Program for UC)
F19	Enhanced seat belt enforcement programs (SS)	Ulster County Sheriff
F20	Family treatment drug courts (SS)	Ulster County Department of Mental Health
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(EO): Expert Opinion (IE): Insufficient Evidence eness (UCS): Ulster County Strategy

F21	Firearm licensing laws (SS)	Ulster County Department of Mental Health, New York State
F22	Firearm restrictions for domestic violence offenders	New Tork State
F23	Focused deterrence strategies (SS)	Ulster County Sheriff
F24	Functional Family Therapy (FFT) (SS)	Coordinated Children's Services, Family of Woodstock
F25	Health care screening & follow-up for intimate partner violence (SE)	
F26	Helmets in collision sports	
F27	Home water temperature safety education (SS)	
F28	Hot spot policing	City of Kingston
F29	In-vehicle monitoring & feedback for novice drivers and families (SE)	
F30	Juvenile curfews (EOI)	
F31	Kinship care for children removed from home due to maltreatment (SS)	Ulster County DSS, Cornell Cooperative Extension of Ulster County-Relatives as Parents Program
	Mass media campaign on traffic safety education	City of Kingston
F32	Mentoring programs: delinquency (SS)	
F33	Multi-component fall prevention interventions among older adults (SS)	Resource Center for Accessible Living
F34	Multisystemic Therapy (MST) for juvenile offenders (SS)	Coordinated Children's Services, Children's Health Home of Upstate NY
F35	Neighborhood watch (SS)	
F36	Out of town bypasses (SE)	





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	Pedestrian and bike safety education	Community Action
F37	Playground safety regulations (SE)	
F38	Primary seat belt enforcement laws (SS)	Ulster County Sheriff
F39	Recreational marijuana legalization	New York State
F40	Restorative justice in criminal justice system (SS)	Ulster County Sheriff, Family of Woodstock
F41	Risk assessments & personalized approaches to fall prevention among older adults (SS)	Resource Center for Accessible Living
F42	Rollover protection structures (ROPS) (SE)	
F43	Scared Straight (EOI)	
F44	School- based intimate partner violence prevention programs (SE)	
F45	Sports-related brain injury education (EO)	
F46	Strong graduated driver licensing laws (SS)	
F47	Summer youth employment programs	Ulster County Sheriff
F48	Swimming pool fencing (SS)	
	Tick prevention campaigns and education	Ulster County Department of Health
F49	Traffic calming (SS)	City of Kingston
F50	Trauma-informed juvenile justice systems (EO)	Ulster County Department of Mental Health, Family of Woodstock
F51	Treatment Foster Care (SS)	
F52	Treatment Foster Care Oregon (SS)	
F53	Universal distracted driving laws (EO)	New York State
F54	Universal firearm background checks (SE)	New York State
F55	Universal motorcycle helmet laws (SS)	New York State





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(IE): Insufficient Evidence

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(EOI): Evidence of Ineffectiveness

	F56	Youth football full contact rules	
	F57	Youth in adult justice system (EOI)	New York State, Family of Woodstock
What Works For Health	What \	Works for Health	Current Ulster County Activities
Area	Policie	s and Programs	
		Ages & Stages screening tool for physical, cognitive	Community Action Head Start
		and social-emotional development	
	G1	Alternative high schools for at risk students (SS)	Ulster BOCES Phoenix Academy, Ulster
			YouthBuild
Social and Economic	G2	Attendance interventions for chronically absent	Ulster BOCES: PTEC, Hudson Valley Pathways
Factors: Education		students	Academy, Community Action Head Start
		Basic education & work training programs for hard-to-	BOCES, The ARC of Ulster County
		employ adults (EO)	
	G3	Big Brothers Big Sisters - BBBS (SE)	CCEUC (4-H Mentoring Program)
	G4	Bridge programs for hard-to-employ adults	Mental Health Association of Ulster County
	G5	Career & technical education for high school	Ulster BOCES Career and Technical Center;
		graduation (SS)	Ulster YouthBuild
	G6	Career Academies (SS)	Ulster County BOCES New Visions Program;
		car can richard (co)	The Kingston City School District Nursing
			Program, Wallkill CSD Technology Services
		Center for Social and Emotional Foundations for Early	Community Action Head Start
		Learning, curricula for early childhood students and	
		families	
	G7	Charter Schools (ME)	
	G8	Chicago Child-Parent Centers – CPC (SS)	Office of Temporary and Disability Assistance,
			UCCAC Early/Head Start
	G 9	Children's Savings accounts (EO)	Mid-Hudson Valley Federal Credit Union





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G28	Pre-school & child care Quality Rating and Improvement Systems (QRIS) (SE)	Community Action Head Start
G27	Parents as Teachers (SE)	Ulster County Public Health Home Visits
G26	No Excuses charter school model (SS)	
G25	Mentoring programs: high school graduation (SS)	
G24	Later middle and high school start times (SE)	
G23	Knowledge is Power Program (KIPP) model: middle schools (SS)	
G22	Incredible Years (SS)	
G21	HighScope Perry Preschool Model (SE)	Community Action Head Start
G20	Health career recruitment for minority students (SS)	
G19	GED Certificate Programs (SE)	Ulster BOCES, Ulster Literacy
G18	Full-day kindergarten (SS)	UC Schools
G17	Families and Schools Together (FAST) (SS)	
G16	Early Head Start (EHS) (SS)	Community Action Head Start
G15	Dropout prevention programs for teen mothers (SS)	
G14	Dropout prevention programs (SS)	Ulster BOCES, Ulster YouthBuild
	Day care health care site plan development	Marge Gagnon Consultant
G13	DARE to be You (EO)	Ulster County Head Start
G12	Comprehensive school reform (SE)	
011	Community schools (SE)	Community Action Head Start
G11	Community schools (SE)	Ulster BOCES; The ARC of Ulster County,
G10	College access programs (SS)	SUNY Ulster, Mental Health Association of Ulster County, Community Action
C10	2 11 (22)	CLINIVILLIStor Montal Health Association of





KEY: (SS): Scientifically Supported (SE):

(SE): Some Evidence (EO): Expert Opinion

(IE): Insufficient Evidence

(ME): Mixed Evidence:

(EOI): Evidence of Ineffectiveness

G29	Preschool education programs (SS)	Ulster County Community Action EHS; Ulster County Agribusiness Childhood Development Centers; for a list of child care centers see: http://www.familyofwoodstockinc.org/ccc/, Community Action Head Start
G30	Preschool programs with family support services (SS)	Ulster County Community Action EHS; Ulster County Agribusiness Childhood Development Centers, Community Action Head Start
G31	Promise Academy (SE)	
G32	Reach Out and Read (SS)	
G33	School and district level zero tolerance policies (EOI)	All school districts
G34	School breakfast programs (SS)	Ulster County School Districts, Community Action Head Start
G35	School-based health centers (SS)	Ulster County School Districts
G36	School-based social and emotional instruction (SS)	Community Action Head Start
G37	School-based trauma counseling (SE)	Community Action Head Start
G38	School-based violence and bullying prevention programs (SS)	Ulster County No Name Calling Week; Dignity Act Coordinator(DAC) in all schools, New York State Dignity for All Students Act(DASA), Onteora Prevent and Address Cyberbullying Behaviors, Wallkill ROARS,
G39	School-community liaisons (IE)	Ulster County Mental Health SPOA Program, Community Action Head Start
	School Wellness policies (UCS)	UC Schools
G40	School-wide Positive Behavioral Interventions and Supports Tier 1 (SWPBIS) (SS)	Highland PBIS, No Out/In School Suspension Event(NOISE),





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(EOI): Evidence of Ineffectiveness

	G41	Small Elementary Classes (SE)	
	G42	Smart Start North Carolina (SE)	
	G43	Summer learning programs (SS)	SUNY Ulster, Ulster County Schools, YMCA summer camp, Migrant Education Outreach
			Program, Community Action Head Start
	G44	Technology-enhanced classroom instruction	All Ulster County Districts,
	G45	Trauma-informed schools (SE)	Community Action Head Start
	G46	Universal pre-kindergarten (SS)	Available to UC pre-schooler aged youth by district
	G47	Universal school-based suicide awareness & education programs (SE)	SPEAK app
What Works For Health Area		What Works for Health Policies and Programs	Current Ulster County Activities
	H1	Adult vocational training (SS)	Access: Supports for Living
Social and Economic Factors: Employment	H2	Ban the Box	
	Н3	Bridge programs for hard to employ adults (EO)	Ulster Works, Mental Health Association of Ulster County, Access: Supports for Living
	H3.1	Broadband initiatives for unserved and underserved areas	
	H4	Career pathways programs	Access: Supports for Living
	Н5	Certificates of employability	Mental Health Association of Ulster County
	Н6	Employee Assistance Programs (EAP)	Arc MidHudson, Mental Health Association of Ulster County, Community Action
	H7	Exercise and work-oriented back pain management programs (SE)	Arc MidHudson





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	Н8	Flexible scheduling (SS)	Arc MidHudson, Mental Health Association of Ulster County
	Н9	GED certificate programs (SE)	BOCES
		Job readiness, including resume building and interview skills	People USA
	H10	Job-sharing programs (IE)	
	H11	Onsite- child care (IE)	
	H12	Paid family leave (SE)	Arc MidHudson, Family of Woodstock
	H13	Paid sick leave ordinances (EO)	
		Rural transportation systems (EO)	UCAT, Citi Bus
	H14	Sector-based workforce initiatives	
	H15	Summer work experience programs (SE)	Ulster County Community (Summer Youth Program); YMCA, Kingston Cares, YWCA, Community Action
	H16	Telecommuting	Arc MidHudson, Community Action
	H17	Transitional jobs (SS)	Ulster County Office of Employment
	H18	Youth apprenticeship initiatives (EO)	Youth Build, School Internships, Americorps
What Works For Health Area		Works for Health s and Programs	Current Ulster County Activities
Social and Economic Factors: Family and Social Support	11	Activity programs for older adults (SS)	Rose Women's Care Service (CDSME); City of Kingston Parks and Recreation, Unitarian Universalist Congregation SUNY Ulster RSVP, Town of Ulster Senior Center, Repair Café, Ellenville Rural Health Network, American Red Cross, Marge Gagnon, Mental Health Association of Ulster County,





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12	Community arts programs (EO)	Hudson Valley LGBTQ+ Community Center, Resource Center for Accessible Living, UC Office for the Aging, Cornell Cooperative Extension of Ulster County A.S.K, Ione, Lace Factory, Shirt Factory, Art Galleries, BOCES, Outdoor Music Programs, Choral Groups (MHWC, ARS Choralis, Vanacore, Youth Chorale, Jazz Ensemble, KHS Alumnae Choir, etc), Arc MidHudson, Mental Health Association of Ulster County, City of Kingston
13	Community centers (EO)	City of Kingston (Everette Hodge and Rondout Centers, Rosendale Community Center, Town of Rochester Youth Center, Kingston and Saugerties Boys and Girls Club, Woodstock Community Center, Denning Senior Center, Esopus Senior Center, , Marbletown, Saugerties Senior Center New Paltz Senior Center, Arc MidHudson, Mental Health Association of Ulster County, Hudson Valley LGBTQ+ Community Center, Family of Woodstock
	Compeer	Mental Health Association of Ulster County
14	Crisis lines	MidHudson Problem Gambling Resource Center, Mental Health Association of Ulster County, Family of Woodstock, People USA
14.1	Cross-age youth peer mentoring	
	Cyberseniors	Marge Gagnon





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	Death Café	Circle of Friends for the Dying
15	Early childhood home visiting programs (SS)	Ulster County Community Action (Head Start
	zany amanada nama siatang programa (aay	and Early Head Start Provider for UC); Institute
		for Family Health (Healthy Families),
		Community Health Workers (CHW), UCDOH;
		Ulster County Healthy Families, Arc
		MidHudson, City of Kingston
16	Employee Assistance Programs (EAP)	Ellenville Rural Health Network, American Red
		Cross, Mental Health Association of Ulster
		County, Resource Center for Accessible Living,
		Ulster County Department of Mental Health
17	Extracurricular activities for social engagement (SS)	CCEUC (RAPP); Kingston Senior Prom, OFA
		Picnics, Live, Laugh and Learn, Senior Clubs,
		RSVP, Senior Housing Sites, New Year's Eve
		Party, Church Bazaars, BINGO, Parks, Trails,
		County Fair, street Festivals, Town Fairs,
		LGBTQ Prom, American Red Cross, Hudson
		Valley LGBTQ+ Community Center, Habitat for
		Humanity, Cornell Cooperative Extension of
		Ulster County
18	Father involvement programs (SE)	
19	Georgia Fatherhood Program (IE)	
	Disease/Caregiver Support Groups & Education (UCS)	Breast Cancer Options (Camp Lightheart for
	, 10 1 11, 11 11, 11 11 11 11 11 11 11	children of survivors, Annual Integrative
		Medicine Conference), HAHV
		Albany Medical Center Kingston Multi-
		Specialty (World AIDS Day and AIDS Walk)





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(SE): Some Evidence (EO): Expert Opinion

(IE): Insufficient Evidence

(ME): Mixed Evidence:

(EOI): Evidence of Ineffectiveness

(UCS): Ulster County Strategy

		Alzheimer's Support Group, AA, NA, Step One,
		Bridge Back, (see Sunday Freeman)
	Drop-in wellness center	Ulster County Department of Mental Health
	Emergency Shelters Adolescents & Adults (UCS)	Family of Woodstock; Clinton Avenue Methodist
	Faith-based Wellness Programs (UCS)	Unitarian Universalist Congregation
	Family Peer Support	Ulster County Department of Mental Health
l10	Grocery, housing & utilities cooperatives (IE)	
I11 I12 I13	Group-based parenting programs (SS) Healthy Families America (HFA) (SE) Intergenerational communities (EO)	CCEUC (RAPP); YWCA B.I.R.T.H.E. Program; Nurturing Parent Program, (Family Services), YWCA Parenting Program (DSS mandated), DSS Celebrating Families; Ulster County Mental Health Parenting Journey; Ulster County DSS Celebrating Families Program, Mental Health Association of Ulster County, Cornell Cooperative Extension of Ulster County Ulster County Healthy Families CCEUC (RAPP), Children's Health Home of Upstate NY, Hudson Valley LGBTQ+ Community Center, Cornell Cooperative
114	Intergenerational mentoring (EO)	Extension of Ulster County
115	Mental Health First Aid	American Red Cross, Mental Health Association of Ulster County, Ulster County Department of Mental Health, Family of Woodstock
I16	National Fatherhood Initiative's 24/7 Dad (IE)	





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l17		
	National Fatherhood Initiative's Inside Out Dad (IE)	
I18	Neighborhood associations (EO)	Neighborhood Watch, Safe Home
l19	Nurse Family Partnership (NFP (SS)	
120	Open Streets (EO)	
121	Outdoor/experiential education and wilderness therapy (SS)	Hudson River Sloop Clearwater, Wild Earth, City of Kingston
	PFLAG	Hudson Valley LGBTQ+ Community Center
	Respite for caregivers	Mental Health Association of Ulster County
122	Social media for civic participation (SE)	Studio 21, MidHudson Problem Gambling Resource Center, City of Kingston
123	Social Service Integration (EO)	Family of Woodstock; UCOFA NY Connects; SPOA, DRC, Catholic Charities, Respite Care, LTHC, (long Term Home Health Care, Children's Health Home of Upstate NY, American Red Cross, MidHudson Problem Gambling Resource Center, Mental Health Association of Ulster County, City of Kingston, Hudson Valley LGBTQ+ Community Center, Resource Center for Accessible Living, Ulster County Department of Mental Health, Family of Woodstock, UC Sheriff Oracle Program, People USA
	Stress Reduction Programs (UCS)	
	Support groups for parents	Mental Health Association of Ulster County
	Support writing advance directives	Circle of Friends for the Dying





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	124	Trauma-informed approaches to community building (EO)	Children's Health Home of Upstate NY, American Red Cross, MidHudson Problem Gambling Resource Center, Mental Health Association of Ulster County, City of Kingston, Hudson Valley LGBTQ+ Community Center, Ulster County Department of Mental Health
		Volunteer Coordination (UCS)	UlsterCorps, CCEUC 4-H & Master Gardener, RSVP, Family of Woodstock, SSIP (Seniors Staying In Place)
		Volunteer Training	Circle of Friends for the Dying
	125	Youth leadership programs (EO)	CCEUC 4-H & RAPP; Boys & Girls Club; YMCA, YWCA Girls Inc, Ellenville Rural Health Network, American Red Cross, Hudson Valley LGBTQ+ Community Center, Habitat for Humanity, Cornell Cooperative Extension of Ulster County
What Works For Health	What	Works for Health	Current Ulster County Activities
Area	Policie	s and Programs	
	J1	Child care subsidies (SS)	
Social and Economic	J2	Child tax credit expansion (EO)	
Factors: Income	J3	Children's savings accounts (EO)	
	J4	Debt advice for tenants with unpaid rent	
	J5	Earned Income Tax Credit Expansion (EITC) (SS)	
	J6	Financial Education for Adults (IE)	
	J7	Full child support pass-through & disregard (SS)	
	J8	Individual Development Accounts (IDAs) (IE)	





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	J9	Living wage laws (SE)	Workers' Rights Law Center
	J10	Matched dollar incentives for saving tax refunds (SE)	
	J11	Microfinance and microenterprise programs (IE)	
	J12	Minimum wage increases (ME)	
	J13		
	J14	New Hope Project (SE)	
		Payday loan regulations (IE)	
	J15	Refundable child and dependent care tax credit (EO)	
		Representative payee for Ulster County	Resource Center for Accessible Living
	J16	Supplemental Security Income (SSI) benefits (EO)	Resource Center for Accessible Living, People
			USA
	J17	Unemployment insurance - UI (EO)	Resource Center for Accessible Living
What Works For Health	What	Works for Health	Current Ulster County Activities
Area	Policie	es and Programs	
	K1	Alternative fuels initiatives (EO)	City of Kingston, Ulster County Dept of the
Physical Environment:			Environment
Air and Water Quality		Brownfield assessments	City of Kingston
	К2	(CAFO) regulations (EO)	
	К3	Carpool and rideshare programs (EO)	511 NY Rideshare/ Metropool, Inc., Ulster
			County Dept of the Environment
	К4	Clean diesel technology fleet transition programs (SS)	
		Clean Water Advocacy/Education (UCS)	Hudson River Sloop Clearwater
			CCEUC AWSMP and Sea Grant
		Climate Adaptation Plan	Ulster County Dept of the Environment
		Climate Resilience Technical Assistance for	Cornell Cooperative Extension of Ulster County
		Municipalities (UCS)	





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К5	Conservation Reserve Enhancement Program (CREP) (SE)	
К6	Conservation tillage practices (SS)	Shandaken Community Garden (Conservation Tillage Practices, Unnamed but encouraged); Cornell Cooperative Extension of Ulster County
	Food Waste Prevention and Recovery Act, Ulster County	Ulster County Dept of the Environment
	Green Living Education (UCS)	Catskill Mountainkeeper, City of Kingston Parks and Rec, NY for Clean Power
К7	Integrated pest management (IPM): agriculture and outdoor use (SS)	Shandaken Community Garden (Chemical Pesticides are prohibited), Cornell Cooperative Extension of Ulster County
К8	Lead contaminated soil abatement (EO)	
К9	Lead pipe & plumbing material replacement (EO)	City of Kingston
	Maintain safe drinking water supply	Ulster County Department of Health
K10	Multi-component groundwater management programs (SE)	City of Kingston, Cornell Cooperative Extension of Ulster County
K11	Nutrient management plans (SS)	Cornell Cooperative Extension of Ulster County
K12	Permeable pavement projects (SS)	City of Kingston
	Permitting for wells and plumbing in new housing construction	Ulster County Department of Health
K13	Proper drug disposal programs (EO)	County of Ulster, City of Kingston
K14	Rain barrels (SE)	Shandaken Community Garden, Kingston Parks and Recreation, Cornell Cooperative Extension-Master Gardeners
K15	Rain gardens & other bioretention systems (SS)	CCEUC Master Gardeners Xeriscape Garden, City of Kingston, Ulster County Dept of the Environment, Cornell Cooperative Extension





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	K16	Scrap programs for old vehicles (EO)	
		Stormwater management	Ulster County Dept of the Environment
		Stream Management Best Practices	Cornell Cooperative Extension of Ulster County
		Suspended Sediment Concentration and Turbidity Monitoring	Cornell Cooperative Extension of Ulster County
		Transition to all electric vehicles for city fleet	City of Kingston
	K17	Vehicle anti-idling inititatives (SE)	City of Kingston, Ulster County Dept of the Environment
	K18	Vehicle inspection and maintenance (I/M) programs (SE)	New York State
What Works For Health Area		What Works for Health Policies and Programs	Current Ulster County Activities
Physical Environment:	L1	Affordable housing tax increment financing (TIF) (EO)	Habitat for Humanity
Housing and Transit		Antidisplacement project planning grant	City of Kingston
	L2	Automated speed enforcement cameras	City of Kingston
	L3	Bicycle/pedestrian master plans (SE)	City of Kingston, Village of New Paltz Planning, City of Kingston
	L4	Carpool and rideshare programs (EO)	UC Office for the Aging
	L5	Community Development Block Grants (CDBGs) (SE)	City of Kingston, City of Kingston
	L6	Community land trusts (SE)	Kingston Land Trust, RUPCO
	L7	Complete Streets & streetscape design intiatives (SS)	County of Ulster, Complete Streets Advisory Councils (Town/Village of Saugerties, Town of Wawarsing/Village of Ellenville (WECSAC), City of Kingston On the Move (CSAC), Kingston Land Trust (Greenline), Catskill Mountainkeeper; Travel Well Kingston, City of Kingston
	L8	Debt advice for tenants with unpaid rent	RUPCO





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	Emergency assistance with funds for security deposit or first month of rent	RUPCO
L9	Healthy home environment assessments (SS)	Bed Bug Coalition of Ulster County, Habitat for Humanity, UC Department of Health
L10	HOME Investment Partnership Program (EO)	
	Homeownership Program	Habitat for Humanity
L11	Household lead control education interventions (EOI)	City of Kingston, UC Department of Health, RUPCO
L12	Housing Choice Voucher Program (Section 8)	RUPCO, Ulster County Department of Mental Health, RUPCO
L13	Housing First (SS)	Mental Health Association of Ulster County, People USA
L14	Housing mediation services (IE)	Bed Bug Coalition of Ulster County; Dispute Resolution Center, RUPCO
L15	Housing rehabilitation loan & grant programs (SS)	RUPCO
L16	Housing trust funds (EO)	
L17	Inclusionary zoning (SE)	RUPCO
L18	Individual incentives for public transportation (SE)	
L19	Integrated pest management (IPM): indoor use (SS)	RUPCO
L20	Land banking (SE)	City of Kingston
L21	Lead paint abatement programs (SS)	UCDOH
	Lead prevention education	UC Department of Health
L22	Legal support for tenants in eviction proceedings	Legal Services of the Hudson Valley





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L23	Low Income Home Energy Assistance Program (HEAP) (EO)	Ulster County Community Action (HEAP vendor for Ulster County), UCDSS, UC Office for the Aging, Community Action
L24	Low Income Housing Tax Credits (LIHTCs) (SE)	RUPCO
L25	Mixed-use development (SS)	City of Kingston, City of Kingston, RUPCO
L26	Multi-component workplace supports for active commuting (SE)	City of Kingston
	Olmstead Housing Subsidy	Resource Center for Accessible Living
L27	Out of town bypasses (SE)	
	Permitting for mobile homes, migrant farmworker housing campgrounds	Ulster County Department of Health
L28	Public transportation systems (SS)	
L29	Radon mitigation programs (SE)	
L30	Rapid re-housing programs (SE)	Mental Health Association of Ulster County, People USA, RUPCO
L31	Rent regulation policies	RUPCO
L32	Rural transportation systems (EO)	Mental Health Association of Ulster County, UC Office for the Aging, Access: Supports for Living
L33	Safe Routes to Schools (SRTS) (SS)	Kingston, Ellenville, Saugerties, City of Kingston
L34	Service-enriched housing (SE)	Mental Health Association of Ulster County, Ulster County Department of Mental Health, Access: Supports for Living, RUPCO
	Supportive housing	Mental Health Association of Ulster County
L35	Traffic calming (SS)	City of Kingston On the Move, Village of New Paltz Planning, City of Kingston
L36	Walking school buses (SS)	George Washington School (Kingston)





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	L37	Weatherization Assistance Program (WAP) (SE)	Ulster County Community Action (WAP and Empower through NYSERDA), Community Action, RUPCO
	L38	Zoning regulations for land use policy (SS)	Kingston Land Trust, Kingston Urban Ag Committee, City of Kingston Comprehensive Plan, Village of New Paltz Planning
What Works For Health	What	Works for Health	Current Ulster County Activities
Area	Policie	s and Programs	
	M1	Cell phone-based tobacco cessation interventions (SS)	
Tobacco Use	M2	E-Cigarette Regulations (EO)	Tobacco Free Action Communities (TFAC), Institute for Family Health
	M3	Health care provider reminder systems for tobacco cessation (SS)	American Lung Association, Institute for Family Health
	M4	Internet-based tobacco cessation interventions (SS)	American Lung Assoc. (TFAC)
	M5	Mass media campaigns against tobacco use (SS)	Tobacco Free Action Communities (TFAC)
	M6	Minimum Tobacco Age Laws to 21 (EO)	UC Department of HealthTFAC through our tobacco point of sale initiative, New York State
	M7	School-based tobacco prevention skill-building programs (SE)	Tobacco Free Action Communities (TFAC)
	M8	Secondhand smoke education (ME)	American Lung Association Tobacco Free Action Communities (TFAC), Institute for Family Health
	M9	Smoke-free policies for indoor areas (SS)	Tobacco Free Action Communities (TFAC), New York State, Institute for Family Health
	M10	Smoke-free policies for multi-unit housing (SS)	Tobacco Free Action Communities (TFAC)





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M11	Smoke-free policies for outdoor areas (SS)	City of Kingston, Tobacco Free Action Communities (TFAC), Ulster County, Institute for Family Health
M12	Statewide comprehensive tobacco programs (SS)	other NYS TCP partners (no lobbying, just education) ALA, ACS, AHA etc. (advocates, lobbying, American Lung Association, Tobacco Free Action Communities (TFAC)
M13	Tobacco cessation contests (IE)	
M14	Tobacco cessation therapy affordability (SS)	Ellenville Regional Hospital
M15	Tobacco Marketing Restrictions (SE)	Tobacco Free Action Communities (TFAC)
	Tobacco Cessation Group Programs (UCS)	Ellenville Regional Hospital
M16	Tobacco quitlines (SS)	NYS Smoker's Quitline
M17	Tobacco retailer licensing (EO)	Tobacco Free Action Communities (TFAC), Ulster County Department of Health
M18	Tobacco retailer location restrictions (EO)	UC Department of Health, Tobacco Free Action Communities (TFAC)
M19	Tobacco taxes (SS)	TFAC and other TCP partners 'educate' state and local lawmakers, Tobacco Free Action Communities (TFAC)
	Youth education on tobacco prevention	Tobacco Free Action Communities (TFAC)





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