



Hudson Valley  
Hospice

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# *Making Every Moment Count!*

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HEALTHY ULSTER COUNCIL PRESENTATION– SEPTEMBER 10, 2020



# Hudson Valley Hospice

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- Brief History
- WHO do we serve?
- WHAT does Hudson Valley Hospice do?
- HOW do I get help
- WHO pays for it
- WHEN is the right time?

# Brief History

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- Word 'hospice' linguistic root same as "hospitality"
- **1950s:** Dame Dr. Cecily Saunders advocates for dying patients. Founder first St. Christopher's Hospice in London
- **1960s:** Dr Elisabeth Kubler-Ross advocates for the dying in the US. Writes "On Death And Dying"
- **1974:** Florence Wald, RN, two pediatricians and a chaplain, founded Connecticut Hospice in Branford, Connecticut
- **1986:** The Medicare Hospice Benefit is made permanent by Congress
- **Hudson Valley Hospice** local non-profit healthcare agency providing care and support to Individuals of all ages who are faced with a life-limiting illness, and their loved ones. **Serving Dutchess and Ulster Counties for 35 years**



# All hospice is palliative care, but all palliative care is NOT hospice...

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## Palliative Care

- Palliative care for symptom management of serious /chronic illness
- Quality of Life and Comfort
- Interdisciplinary Team
- Continue curative treatment
- Any point in disease trajectory
- Fee-for-service specialist, or philanthropic funding

## Hospice Care

- Palliative care for advanced stage/end of life care management
- Quality of Life and Comfort
- Interdisciplinary Team
- Stop curative treatment
- Prognosis limited to six months or less
- Medicare and Medicaid pay 100%, private insurance with co-pay/ deductible

# Who do we serve?

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- ALL Ages
- Any life-limiting illness or condition for which a cure is not possible
- Any location where you call home

# Any Life-limiting illness, not just cancer

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- Respiratory Diseases (COPD)
- Heart Disease
- Cancer
- Renal Failure (end stage)
- Alzheimer's, Dementia, Parkinson's and Huntington's
- Any life-limiting illness or condition for which a cure is not possible; *Not just end-stage.*

# Any Location where person is...

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- Private Home
- Nursing Home/ Skilled Nursing Facility
- Assisted Living Facility
- Group Home
- Hospital



# What does Hudson Valley Hospice do?

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## We provide:

- Interdisciplinary Care team to care for individual and family
- Hospice services
- DME (durable medical equipment)
- Opioid / Medication disposal
- Enhanced Services

# HV Hospice Interdisciplinary Care Team

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- Registered Nurse Case Manager
- Primary Care Physician
- Hospice Medical Director
- Medical Social Worker
- Spiritual Care Chaplain
- Hospice Home Health Aide
- Trained Volunteers
- Grief Support

# Hudson Valley Hospice Services

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- We care for the patient and family
- HV Hospice provides Caregiver Training to family
- Weekly **HOME** visits from RN
- Pain and symptom management
- Medical Equipment and supplies
- Medications for primary diagnosis
- **On-call** clinicians available 24/7
- Trained Hospice Volunteers provide
  - Companionship, help & respite for the caregiver
- Support services and spiritual counsel
- Bereavement support for 13 months after patient's death



# Hudson Valley Hospice Enhanced Services



## *Music Therapy*



- *Art Therapy*
- *EOL Doula*
- *EOL Vigil*



- *Pet Therapy*
- *Aroma Therapy*

# How do I get help?

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Referrals to Hudson Valley Hospice may be made by:

- Self referral - patient
- Health care provider
- Family member
- Clergy
- Friend

Call the Referral Center **845-240-7555**



# Who pays for hospice?

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- Medicare Part A
- Medicaid
- Private Insurance
- Most HMO's
- Underinsured or uninsured – community donations and additional funding resources may be accessed

# When is the right time...

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- **NOW is the perfect time to learn about hospice and Advance Care Planning...**
- *Before a need or crisis occurs*

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# THANK YOU!

**Contact me with any questions:**

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