



**Healthy Ulster Council
Meeting Minutes
November 14, 2019**

Attendance:

Gail Banach, Katie Bierlein Courtney Churchill, Emily Flynn, Marge Gagon, Melinda Herzog, Jaqueline Kellachan, Stacy Kraft, Lynne Lee, Vincent Martello, Christine Noble, Sindy O'Brien, Kelsey Vanetten, Gloria Waslyn, Danielle Whitely

Introduction:

Melinda introduced herself and shared the purpose of the Council which is to meet for professional development, networking, and collective action. Attendees went around the room and introduced themselves.

Presentation 1:

"Upstate New York Poison Center: Services and Educational Programming"

Presented by Gail Banach Director of Public Education and Communication at the Upstate New York Poison Center

Presentation Summary:

About the Poison Control Center

- Ulster County is covered by the Upstate NY Poison Center, NYC has its own poison control center
- Responds to calls- general public, medical personnel
- Helps manage cases
- Teaches- physicians, residents, med students, nurses, nursing students, MPH students
- Conducts outreach- prevention and drugs of abuse
- What is Poison?
 - Anything and everything could be a poison, it is about the amount
 - Can include ingested, inhalation, splash on skin or eye, bleach is a common call, people often forget about bites and stings.
- Who works there?
 - Medical toxicologists
 - Clinical toxicologist
 - Dr.s'
 - Educations
 - Admin



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- Who answers the call?
 - Well trained personnel
 - Not volunteers
 - Pharmacists, RN's, Medical and clinical toxicologists
 - Consultants-for very specific things, ie. mushrooms
- Who Calls?
 - 80,000 calls a year 54 county area
 - All ages of general public
 - Dr's about particular cases or patient
 - Health department on advisories drugs of abuse, vaping
 - 911 training
 - Legislators
 - Schools
 - Manufacturers
- About the Calls
 - 90% of calls happen in the home
 - 82% can be managed at home and avoid going to the ED
 - 43% calls about children under 5
 - 32% are from ED's and health care facilities
 - All calls are logged into a classified data system

The job of NYS Poison Control Center is to prevent unnecessary visits to the ED through efficient management

- Example Calls
 - Super glue in eyes
 - Children taking parents/grandparents meds
 - Taking Tylenol and cold medicine- double dosing?
 - 911- call on the line with a parent whose kid who drank hair detangler what do they do?
 - EMT- someone drank lice prep what should they look out for?
 - Dr- patients took drugs and has these symptoms-what should they do?
- How is the data used?
 - Data is compiled for the Association for American Poison Control Centers
 - AAPCC- looking for patterns such as fentanyl can alter authorities and respond to crisis
 - HD , legislators, law enforcement
 - Effect outcome and change
- Why call?
 - One resource for all poisons
 - Prompts response
 - Experts answer all calls
 - Education and outreach available
 - Easier than Google!



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- Education
 - Health fairs
 - Outreach
 - Train the trainer
 - Prevention
 - Overview of drugs abuse, future trends
 - CO Poisoning
 - Webinars- E-Cigs, Vaping, Marijuana, alternative drugs of abuse
 - Brochures
 - Videos- even on YouTube
 - Teen focus- videos safe meds/ safe disposal for teens
 - Teachers guides
 - Activity and info sheets- holiday topics, safe turkey and Christmas plants, parents, teens, fact sheets
- **Most important Tip: Program your phone with the poison control number 1-800-222-1222**

Question and Answer Period Following Presentation 1

Does the Poison Control Center answer calls about Pets?

They do not- too difficult and already busy with human calls
Animal Poison Center: (888) 426-4435

Are they able to answer calls in languages other than English?

ATT language line is used for other languages for non-English speakers.

Are Brochures available for order?

Brochures available on website for download but can be ordered depending on quantity by calling Gail.

Are brochures/info sheets available in languages other than English?

At this time no, but it is something they want to work on it.

Movement Break: "It's a Lift"

Presentation 2:

"The Role of Community Health Workers in Addressing Maternal Mortality and Racial Disparities in New York State"

Presented by Jacqueline Kellachan, MPH, Director of Community Health and
Sandy O'Brien, Community Health Worker, at Maternal Infant Services Network (MISN)



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Presentation Summary:

About Maternal Mortality in Ulster County and New York State

- Maternal Mortality rate has more than doubled from 1999-2014
- Has been increasing over all in the United States
- Huge disparity in race/ethnic mothers and white mother in both the US and NY state
- White mothers are more likely to have early 1st trimester pre-natal care
- Black/Hispanic are more likely to give birth to babies with low birth weight

Racism affects black/Hispanic maternal health-

- Clinical factors
 - Eclampsia
 - Cardiac disease
 - Acute renal failure
- Social Risk Factors
 - Housing
 - Income
 - Neighborhood safety
 - Chronic stress
 - Lack of insurance
 - Transportation
 - Lack of child care
 - Domestic violence
 - Fear
- Language barriers can be a huge impact, on getting the proper and respectful care
- This all leads to Differential access for non-white mothers

In an effort to close the gap, a taskforce was created. In March 2019 their recommendations were released.

Task force Recommendations:

1. Establish a Statewide Maternal Mortality Review Board in Statue *
2. Design and Implement a Comprehensive training and education program for Hospitals on Implicit Racial Bias *
3. Establish a comprehensive data warehouse to perinatal outcome to improve quality*
4. Provide equitable reimbursement to midwives
5. Expand and enhance community health worker services in NYS*



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6. Create a State University of New York Scholarship program for midwives to address needed diversity
7. Create Competency Based Curricula for Providers as well as medical and nursing schools
8. Establish an education loan forgiveness program for providers who are underrepresented in medicine and who intend to practice women's health care services.
9. Convene statewide expert work groups to optimize postpartum care in NYS
10. Promote universal birth preparedness and postpartum continuity care

**MICHC-Maternal and Infant health Community Collaborative Initiative 2012
Ulster County - MiSN Supports Community Health Workers**

- Community Health Worker is
 - Trusted member of the community, and an usually close understanding
- Community Health Worker does
 - Acts as liaison/link/intermediary between health/social services and the community
 - Builds individuals and community health knowledge, self-sufficient, by outreach, community education, informal counseling, social support, and advocacy,
 - Reaches the community members where they live, eat, play, work, worship, understand their needs, goals, fears, no judgement,
 - Helps them understand health systems, providers, deal with racism/disrespect, provide education and social supports.
- MiSN did get an Expansion grant in August 2019 to hire more CHW's

Questions and Answer Period Following Presentation 3:

Do you help them get insurance? Yes

Are the providers understanding? Supportive?

Yes and no depending on the providers, some are very sympathetic or empathic, others are clearly frustrated/judgmental with non-English speakers, there needs to be more provider education.

Who to do we support you?

Invite MiSn to be part of taskforces, committees, educate the people we work with,

Trying to turn around the disparities in maternal mortality



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Announcements/ Networking:

- **Marge Gagon**- International Congress Migration and Mental Health Conference Review, there is a need more awareness of Migratory Mourning in Ulster County.
- **Christine Noble**- Office of Aging Mall Walk, Tai Chi Tuesday, visit website for full list activities at the Senior Hub
- **Emily Flynn**-Chess playground installed today T.R. Gallo Park
- **Danielle Whitely**- Central Hudson-Flyers for HEAP, workshops payment and special assistance programs
- **Kelsey Vanetten**- Santa at the ReStore First Sat in December free photos!, still building in Glasco, still searching for applicants for homeownership program
- **Stacy Kraft**- Active on social media for Ulster County Department of Health and Mental health like our page! <http://www.facebook.com/UCDeptHealth> <https://twitter.com/UCDeptHealth>
- **Melinda Herzog**- EFNEP-Family Wellness Program offered for low-income parents and caregivers raising children. It's a 6-8 week evidence based education program, focusing on nutrition, cooking, food safety, physical activity and family budgeting

Meeting Schedule for 2020

- January 9th
- March 12th
- May 14th
- July 9th
- September 10th
- November 12th