

Healthy Ulster Council Meeting Notes
239 Golden Hill Office Building, Kingston, NY 12401
September 14, 2017

Attendance: Christine Carranceja, Institute for Family Health; Maria Cecilia Deferrari, CCEUC- RAPP; Julia Farr, Kingston Land Trust; Marge Gagnon, Rose Women's Care Service; Melinda Herzog, CCUEC; Tara Kleinhans, CCEUC; Stacy Kraft, UCDOH; Vincent Martello, UCDOH; Christine Noble, UCOFA; Kathy Nolan, Catskill Mountainkeeper; Sindy O'Brien, MISN; Tomasine Oliphant, AGAPE; Danielle Schuka, American Heart Assoc.; Katie Sheehan-Lopez, CCEUC; Maria Elena Ferrer, Health Alliance

Introduction of everyone & favorite activity on hot muggy days

Presentation: Tomasine Oliphant, Hudson Valley Director of Adoption and Guardianship Assistance Program for Everyone (AGAPE); "About the Coalition" - children who are adopted or in kinship

- **7 areas of service:** 24/7 helpline, support, parent support groups, adoption and guardianship assistance program (AGAPE), ETA: Education and Training Academy, Advocacy & Outreach, Online Service Directory and Website
- **Bill A5036B:** Children who are adopted DO NOT have access to their birth certificate if birth parents do not want to disclose information, postcard passed around for signature to veto Bill
- **Group Sessions:** Conference held in Albany in early May inviting families and parents to attend; Reframing Parenting Series (at New Paltz reformed church); Support of regional development of adoption competency to therapists (trainings)
- Many of AGAPE employees are in some way connected; such as were adopted or have adopted
- **The Need:** easy access to a list of services and providers dealing with adoption (provided at court procedure when adoption is finalized, at family services and public schools); childcare for reactive attachment disorder (RAD); federal mandate and/or funding specific to this cause; "due to limited funding, little emphasis has been placed on research and evaluation"
- **Target Population:** All finalized adoptive families, legal guardianship, step-parents
 - Must have proof of legal finalization of adoption or guardianship and must be living in one of the 15 counties that AGAPE covers
- **Project Outcomes:** safe in the home, feel connected in the family, parent training and informational sessions, reduce impact of trauma, balance and support

How can people not involved help? – Volunteer! Work with staff for advocacy and outreach, respite volunteers, attend conferences; Share Facebook page events

Presentation: Julia Farr, Executive Director of Kingston Land Trust (KLT); "The Kingston Greenline: Vital pathways, living landscapes, active communities."

- An **initiative** of the KLT is partnership with the City of Kingston and Ulster County
 - "Protecting, connecting and activating open spaces in and around Kingston."
- **Project Status Map – 10 projects;** gives majority of Kingston "green space" and access to the city by foot or bike
 - **Broadway Development** – "Broadway Streetscape Project" uptown on Broadway will reduce number of driving lanes, reduce speed limit, add bicycle lanes and landscaping
 - **Hudson Landing** – will be able to access trail at Kingston Point Beach or Smorgasborg

- **Kingston Point Rail Trail** – construction 2018; will go through tunnel by 9W with access to tunnel from above, including community area
 - Sept. 26th public meeting with Mayor on this project 6pm-7:30pm
 - **“Engagement Opportunity”** - Prior to meeting will be Spanish speaking food exchange *Comida y Tierra* 5-6pm
- **Kingston Bee-Line** – in partnership with the Hudson Valley Honey Bee Habitat
- **Empire State Trail** – NYS will connect rail trail from NYC to Canada
- KLT Committee is made of 3 sub-committees:
 - Design and Aesthetics
 - Management and Maintenance
 - Outreach and Engagement
- Kingstongreenline.org, Facebook, development status: city of Kingston website
- October 5th Barge gathering following slow bike ride

Questions

Council Discussion

Melinda - Updating Inventory for Health through a new survey, you will receive link within the next two weeks to help update the inventory, based on Robert Wood Johnson’s model for health. Please share; 2018 Presentation Sign-ups (**contact O+*); Commitment of Membership form for your organization

Events/Workshops:

Stacy – Healthlink NY Community Network; “Blueprint for Health Equity” at SUNY New Paltz – a way to experience poverty and racism. Bring yourself or group from your organization on Sept. 26

Maria Cecilia, RAPP – 9/16 church in Kingston; 9/19 LGBTQ Commission; 10/2 Town of Ulster Library; 9/23 10 am – 1pm Game of Life Resource Fair addressing transitions at Ellenville High School; Radio Show on 10/19

Christine Noble, Office for the Aging – “Lunch & Learns” for seniors, ex. Ti Chi; virtual tour for dementia; event page on Ulstercounty.gov “aging” website; sign up for newsletter

Katie Sheehan-Lopez – cooking demonstrations throughout the county, contact for SNAP eligible workshops; professional development workshops as well

Kathy Nolan - Drive electric test-drive event and learn about electric cars on 9/16 at Marist from noon to 3pm; Hudson River Valley Ramble info., Larkin Park at catskillslark.org for ways to enjoy the Catskill Park

Danielle Schuka – Tobacco 21 law did not pass, trying to raise age of tobacco to age of 21; Go Red for Women Campaign event in November moderated by Dr. Max Gomez from the Today Show working with local nutritionists and cardiologist 11/9 at the Grand View in Poughkeepsie.

Sandy O’Brien – Latin community help and support: food pantries, translations, Dr. Appts., domestic violence, home visits; Sign up for Blueprint Event!

Maria Elena Ferrer – growing relationship between Health Alliance and community; looking to collaborate; O+ Festival 10/7 10am – 2pm; community baby shower; WMC launch addressing concerns

from the Latin community at the LGBTQ Center; Monthly breakfasts for seniors at the mall every second or third Wednesday in the community room; working on immigrant mental health event; Annual Conference on Addictions presented by Dr. Smith 9/15 9am

Marge Gagnon – local senior policy action group, Run by Claire O’Brian claireaob@yahoo.com; every Tuesday walk with seniors 10am at mall; O+ Festival hands on CPR training in English and Spanish; Cyber Senior curriculum - looking for more teen volunteers (young college, high school)

Stacy Kraft – Twitter page is Healthy Ulster and Facebook page is Department of Health, forward events and happenings through those social sites; 9/23 free rabies clinic at the Kingston Animal Hospital; Ulsterhealth.org substance use, treatment and recovery resource guide

Vincent Martello – T21 tobacco bill, working to up the smoking age working to have it in place in the 1st quarter of next year; every week Healthy Ulster guest spot on the radio show Q&A format on Sundays

Julia Farr - Weekend Wanderer every third Sunday of the month 10am-noon; every Thursday at 6 is the slow-ride hosted by Bike Friendly Kingston; South Pine St Farm Stand M-W-F 3-7pm; 9/18 Comida y tierra 5pm Spanish conversation at the YMCA Farm Project’s Community Harvest Party, free food for all